



Canadian Agency for
Drugs and Technologies
in Health



Free Event!

Date:
Tuesday,
September 21, 2010

Time:
7:00 p.m. to 9:00 p.m.
(doors open at 6:30 p.m.)

Location:
Confederation Centre
of the Arts, Studio 1
145 Richmond St.,
Charlottetown

RSVP:
events@cadth.ca

Space is limited.
**Light refreshments
served.**

How Much Is Enough?

Testing your blood sugar in type 2 diabetes

People with type 2 diabetes are often advised to test their blood sugar every day or several times a week, but does all this self-testing really improve their health?

Not according to the latest research. The evidence shows that people who don't use insulin can self-test less often without negatively impacting their health.

So what does this mean for the growing number of people living with type 2 diabetes? How often should they be self-testing?

**Join us for a discussion about this
research and how it affects people
with type 2 diabetes in PEI.**

**Get your questions and opinions ready for our
panel of experts:**

Martha St. Pierre
Registered Nurse,
Provincial Diabetes
Clinical Leader,
Health PEI,
Primary Care
Division

Dr. Lenley Adams
General Internist,
Queen Elizabeth
Hospital,
Medical Director,
PEI Provincial
Diabetes Program

Dr. Adil Virani
Associate Professor
Faculty of
Pharmaceutical
Sciences
University of
British Columbia

Moderator:
Bernard Gauthier,
Chief Executive Officer
Vision Research Inc.