



Canadian Agency for
Drugs and Technologies
in Health



Free Event!

Date:

Thursday,
September 23, 2010

Time:

7:00 p.m. to 9:00 p.m.
(doors open at 6:30 p.m.)

Location:

Crowne Plaza Moncton
1005 Main Street
Moncton, New Brunswick

RSVP:

events@cadth.ca

Space is limited.

**Light refreshments will
be served.**

How Much Is Enough?

Testing your blood sugar in type 2 diabetes

People with type 2 diabetes are often advised to test their blood sugar every day or several times a week but does all this self-testing really improve their health?

Not according to the latest research. The evidence shows that people who don't use insulin can self-test less often without negatively impacting their health.

So what does this mean for the growing number of people living with type 2 diabetes? How often should they be self-testing?

**Join us for a discussion about this
research and how it affects people
with type 2 diabetes in New Brunswick.**

**Get your questions and opinions ready for our
panel of experts:**

Shelley L. Jones
Community Diabetes
Nurse, Certified
Diabetes Educator,
Diabetes Education
Centre, Horizon
Health Network,
Zone 1, Moncton

Dr. Jeanne McNeill
Medical Director,
Family Practice,
Geriatrics,
Palliative Care,
Horizon Health
Network,
Zone 1, Moncton

Dr. Adil Virani
Associate Professor,
Faculty of
Pharmaceutical
Sciences,
University of British
Columbia

Moderator:

Bernard Gauthier
Chief Executive Officer,
Vision Research Inc.

Materials on site will be available in English and French.

*Please note: The moderator is bilingual, but presentations from the experts will be in English only.