TITLE: Diagnosis of Sleep Disorders for Adults with Insomnia: Identification of Effective Screening Tools

DATE: 16 February 2010

RESEARCH QUESTION:
What are the evidence-based screening tools for identifying sleep disorders for adults with insomnia?

METHODS:
A limited literature search was conducted on key health technology assessment resources, including PubMed, the Cochrane Library (Issue 1, 2010), University of York Centre for Reviews and Dissemination (CRD) databases, ECRI, EuroScan, international health technology agencies, and a focused Internet search. The search was limited to English language articles published between 2000 and February 2005. Filters were applied to limit the retrieval to health technology assessments, systematic reviews, meta-analyses, randomized controlled trials, controlled clinical trials, and guidelines. Internet links were provided, where available.

RESULTS:
HTIS reports are organized so that the higher quality evidence is presented first. Therefore, health technology assessment reports, systematic reviews, and meta-analyses are presented first. These are followed by randomized controlled trials, controlled clinical trials, and evidence-based guidelines.

One randomized controlled trial and three evidence-based guidelines were identified pertaining to evidence-based screening tools for identifying sleep disorders for adults with insomnia. No relevant health technology assessment reports, systematic reviews, or controlled clinical trials were identified. Additional information that may be of interest has been included in the appendix.

Health technology assessments
No literature identified.
Systematic reviews and meta-analyses
No literature identified.

Randomized controlled trials


Controlled clinical trials
No literature identified.

Guidelines and recommendations


PREPARED BY:
Kristen Moulton, BA, Research Assistant
Leigh-Ann Topfer, MLS, Information Specialist
Health Technology Inquiry Service
Email: htis@cadth.ca
Tel: 1-866-898-8439
APPENDIX – FURTHER INFORMATION:

Randomized controlled trials


Observational studies


Clinical practice guidelines


Review articles


Additional references
