TITLE: Psychological Interventions for Children and Youth with Anxiety Disorders: Clinical Effectiveness

DATE: 23 March 2010

RESEARCH QUESTIONS:

1. What is the clinical effectiveness of psychological interventions for the treatment of children and adolescents with anxiety disorders?

2. What is the clinical effectiveness of psychological interventions compared with pharmacological interventions for the treatment of children and adolescents with anxiety disorders?

METHODS:

A limited literature search was conducted on key health technology assessment resources, including PubMed, the Cochrane Library (Issue 3, 2010), University of York Centre for Reviews and Dissemination (CRD) databases, ECRI (Health Devices Gold), EuroScan, international health technology agencies, and a focused Internet search. The search was limited to English language articles published between 2005 and March 2010. Filters were applied to research question 1 to limit the retrieval to health technology assessments, systematic reviews, meta-analyses. Filters were applied were also applied to research question 2 to limit the retrieval to randomized controlled trials. Internet links were provided, where available.

RESULTS:

HTIS reports are organized so that the higher quality evidence is presented first. Therefore, health technology assessment reports, systematic reviews, and meta-analyses are presented first. These are followed by randomized controlled trials.

The literature search identified four systematic reviews, seven meta-analyses, and four randomized controlled trials. No relevant health technology assessments were identified. Additional references that may be of interest have been included in the appendix.

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Health technology assessments
No literature identified

Systematic reviews and meta-analyses


Randomized controlled trials


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APPENDIX – FURTHER INFORMATION:

Controlled clinical trials


Preliminary trial findings


Review articles


Additional references