**Title:** Early Treatment of Type 2 Diabetes: Delay of Complications

**Date:** 07 March 2008

**Research question:**

What is the evidence that early treatment of Type 2 diabetes will delay the onset of diabetes-related complications?

**Methods:**

A limited literature search was conducted on key health technology assessment resources, including PubMed, University of York Centre for Reviews and Dissemination (CRD) databases, international HTA agencies, and a focused Internet search. Results include articles published between 2003 and February 2008, and are limited to English language publications only. Filters were applied to limit the retrieval to systematic reviews, HTAs, and clinical practice guidelines. Internet links are provided, where available.

**Results:**

1 health technology assessment, 1 systematic review and 8 guidelines addressing the early treatment of type II diabetes to delay complications were identified. Other citations of interest have been included in the Appendix.

**Health technology assessments**


   See section entitled “Screening for type 2 diabetes” beginning on page 63
Systematic reviews and meta-analyses


Randomized controlled trials

None identified.

Guidelines and recommendations


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Appendix – Further information:

Systematic reviews


Observational studies


Review articles


Additional references


