TITLE: Interventions for the Management of Heel Spurs: Clinical Effectiveness and Guidelines

DATE: 19 February 2009

RESEARCH QUESTIONS:

1. What is the clinical effectiveness of various interventions for the management of heel spurs?

2. What are the guidelines for the management of heel spurs?

METHODS:

A limited literature search was conducted on key health technology assessment resources, including PubMed, the Cochrane Library (Issue 1, 2009), University of York Centre for Reviews and Dissemination (CRD) databases, ECRI, EuroScan, international health technology agencies, and a focused Internet search. Results include articles published between 1999 and February 2009, and are limited to English language publications only. No filters were applied to limit the retrieval by study type. Internet links are provided, where available.

RESULTS:

The literature search identified five randomized controlled trials, one controlled clinical trial, 21 observational studies, and one evidence-based guideline on the management of heel spurs. No health technology assessments, systematic reviews, or meta-analyses were identified. Additional articles of potential interest are included in the appendix.

HTIS reports are organized so that the higher quality evidence is presented first. Therefore, health technology assessment reports, systematic reviews, and meta-analyses are presented first. These are followed by randomized controlled trials, controlled clinical trials, observational studies, and evidence-based guidelines.
Health technology assessments
No literature identified.

Systematic reviews and meta-analyses
No literature identified.

Randomized controlled trials


Controlled clinical trials


Observational studies


**Guidelines and recommendations**


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APPENDIX – FURTHER INFORMATION:

Randomized controlled trials


Review articles


Additional references


