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Transanal Total Mesorectal Excision for Adults With Rectal Cancer



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Abbreviations

CI confidence interval

CRM circumferential resection margin

DRM distal resection margin

ICER incremental cost-effectiveness ratio

LaTME laparoscopic total mesorectal excision

NHS National Health Service

RCT randomized controlled trial

QALY quality-adjusted life year

SR systematic review

TaTME transanal total mesorectal excision

TME total mesorectal excision



Key Messages

- Transanal total mesorectal excision may result in lower rates of conversion to open procedure and a better circumferential resection margin compared with laparoscopic total mesorectal excision in adults with rectal cancer.
- Transanal total mesorectal excision may be comparable to laparoscopic total mesorectal excision for cancer recurrence, survival, death, and short-term safety outcomes in adults with rectal cancer.
- Total mesorectal excision may be more cost-effective than laparoscopic and open total mesorectal excision in adults with rectal cancer, but this is uncertain.

Context and Policy Issues

Colorectal cancer is projected to be the fourth most-diagnosed cancer in 2022 in Canada.¹ It is also the second-leading cause of cancer death, accounting for 11% of all cancer deaths.¹ Rectal cancer is a subset of colorectal cancer, with symptoms that include changes in bowel habits, rectal bleeding, and weight loss.² The 5-year survival of patients with advanced rectal cancer is 58%.³ The treatment of rectal cancer can be challenging because what works for 1 patient may not work for another.³ Surgery is 1 of the main therapies for rectal cancer, with the primary goal of complete removal of the tumour.⁴ The stage, size, and location of the tumour, and the patient's characteristics (e.g., sex, body mass index, skeletal morphology) can affect the choice of surgical approach for rectal cancer.⁴

Total mesorectal excision (TME), which involves the complete removal of the rectum and surrounding lymphatic tissue,⁵ is the standard of care for tumours in the distal to middle rectum.⁶ TME can be performed with open or laparoscopic techniques.² Conventional open surgery is a procedure in which the surgeon makes a large incision to access the surgery site.^{7,8} In contrast, laparoscopic surgery is a less-invasive and more advanced procedure in which a laparoscope is used to make a much smaller incision.⁷⁻⁹ Laparoscopic TME (LaTME) can be complicated by certain factors, such as a narrow pelvis, obesity, or large tumours, which can reduce the surgeon's ability to access the distal part of the rectum.^{5,10} In such cases, a laparoscopic procedure would need to be converted to the more invasive open TME procedure, which may result in worse short-term post-surgical outcomes.²

Transanal endoscopic surgery is a technique that offers access to rectal cancers through the anus. ¹¹ Transanal total mesorectal excision (TaTME) is a surgical procedure that combines the transanal endoscopic surgery approach with the LaTME procedure. The TaTME approach is a minimally invasive surgery for rectal cancer which may facilitate access to tumours that are not amenable to the laparoscopic approach (e.g., patients who are obese, patients who have a narrow pelvis). ⁴ For distal and middle rectal cancers, the TaTME surgical treatment facilitates reaching tumours in the distal part of the rectum through the transanal approach and tumours in the middle rectum laparoscopically. ⁴

A previous CADTH report on this topic 12 found strong evidence based on 5 moderate- to high-quality systematic reviews (SRs) and 6 low- to moderate-quality non-randomized studies that suggested that TaTME was clinically effective and safe for patients with rectal cancer based on the assessment of short-term outcomes compared with LaTME. However, the report had insufficient evidence about the comparative clinical effectiveness of TaTME versus LaTME



over the long term or TaTME versus open TME, and it had no cost-effectiveness evidence for either of the comparisons.¹²

The purpose of the current report is to review and critically appraise recent evidence pertaining to the clinical effectiveness and the cost-effectiveness of TaTME for adults with rectal cancer compared with conventional open TME or LaTME

Research Questions

- 1. What is the clinical effectiveness of transanal total mesorectal excision for adults with rectal cancer?
- 2. What is the cost-effectiveness of transanal total mesorectal excision for adults with rectal cancer?

Methods

Literature Search Methods

A limited literature search was conducted by an information specialist on key resources, including MEDLINE, the Cochrane Database of Systematic Reviews, the International HTA Database, the websites of Canadian and major international health technology agencies, as well as a focused internet search. The search strategy comprised both controlled vocabulary, such as the National Library of Medicine's MeSH (Medical Subject Headings), and keywords. The main search concepts were TaTME and rectal cancer. No filters were applied to limit the retrieval by study type. If possible, retrieval was limited to the human population. The search was completed on September 16, 2022, and was limited to English-language documents published since January 1, 2020.

Selection Criteria and Methods

One reviewer screened citations and selected studies. In the first level of screening, titles and abstracts were reviewed and potentially relevant articles were retrieved and assessed for inclusion. The final selection of full-text articles was based on the inclusion criteria presented in Table 1.

Exclusion Criteria

Articles were excluded if they did not meet the selection criteria outlined in <u>Table 1</u>, were duplicate publications, or were published before 2020. SRs in which all relevant studies were captured in other more recent or more comprehensive SRs were excluded; the references of these SRs are provided in <u>Appendix 6</u>. Primary studies retrieved by the search were excluded if they were captured in 1 or more included SRs. Non-randomized studies were excluded.



Table 1: Selection Criteria

Criteria	Description
Population	Q1 and Q2: Adults with rectal cancer (any location in the rectum: high, mid, or low)
Intervention	Q1 and Q2: Transanal total mesorectal excision
Comparator	Q1 and Q2: Conventional open total mesorectal excision or laparoscopic total mesorectal excision
Outcomes	Q1: Clinical effectiveness (e.g., conversion to open procedure, reoperation, perioperative morbidity, readmission, length of hospital stay, recurrence of cancer [locoregional or systemic], disease-free survival, circumferential resection margin, positive resection margin, completeness and quality of mesorectal excision, health-related quality of life), and harms (e.g., adverse events, infection, anastomotic leak, incisional hernia, injury to the urethra and bladder, ileus, complication rate, blood loss, mortality) Q2: Cost-effectiveness (e.g., quality-adjusted life-year, incremental cost-effectiveness ratio)
Study designs	
Study designs	Health technology assessments, systematic reviews, randomized controlled trials, economic evaluations

Critical Appraisal of Individual Studies

The included publications were critically appraised by 1 reviewer using the following tools as a guide: A MeaSurement Tool to Assess systematic Reviews 2 (AMSTAR 2)¹³ for SRs, the Downs and Black checklist¹⁴ for randomized studies, and the Drummond checklist¹⁵ for economic evaluations. Summary scores were not calculated for the included studies; rather, the strengths and limitations of each included publication were described narratively.

Summary of Evidence

Quantity of Research Available

A total of 454 citations were identified in the literature search. Following screening of titles and abstracts, 407 citations were excluded and 47 potentially relevant reports from the electronic search were retrieved for full-text review. A grey literature search found no potentially relevant publications for full-text review. Of these potentially relevant articles, 37 publications were excluded for various reasons, and 10 publications met the inclusion criteria and were included in this report. These comprised 8 SRs, 1 randomized controlled trial (RCT), and 1 economic evaluation. The PRISMA¹⁶ flow chart of the study selection is presented in Appendix 1.

Additional references of potential interest are provided in Appendix 6.

Summary of Study Characteristics

Eight SRs, 17-24 1 RCT, 25 and 1 economic evaluation 26 were included in this report.

Two SRs 18,24 also assessed other surgical interventions (e.g., robotic TME). For those 2 SRs, 18,24 only the subset of primary studies meeting our inclusion criteria were presented here.

The prospective cohort study by Wasmuth et al. (2020)²⁷ was of special interest to potential users of this review. However, it did not meet our inclusion criteria because it was a non-



randomized study. However, the study 27 was included in 1 SR 24 that has been included in this report.

Additional details regarding the characteristics of included publications are provided in <u>Appendix 2</u>.

Study Design

This report includes 8 SRs with meta-analyses¹⁷⁻²⁴ that were published between 2021 and 2022. The relevant primary studies in the SRs ranged between 7 and 26. These primary studies were either parallel RCTs or comparative non-randomized studies (prospective or retrospective cohort studies and matched case-control studies). The latest literature search dates were between January 2019 and November 2021.

There was some overlap in the primary studies included in the SRs; the degree of overlap is summarized in Appendix 5.

The RCT²⁵ was an open-label, noninferiority trial performed at 16 hospitals in 10 provinces in China from April 2016 to June 2021.

One economic evaluation²⁶ by the National Institute for Health and Care Excellence National Guideline Alliance was included in this report. It was a cost-effectiveness analysis, using the public perspective (i.e., National Health Service [NHS] and personal and social services, both in the UK) with a lifetime horizon. A partitioned survival analysis approach was used for the analysis. The model considered 3 health states: alive without progressed disease, alive with progressed disease, and death. The clinical data were sourced from an evidence review conducted by the National Institute for Health and Care Excellence National Guideline Alliance, which was presented in the same publication.²⁶ Cost data, including treatment costs and procedure costs, were obtained from the NHS. Equipment costs and quality-of-life estimates were obtained from the published literature. Several assumptions were used in the model. Estimate of occurrence of complication (e.g., surgical site infection) after TaTME procedure was assumed to be equivalent to that of the laparoscopic surgery. It was assumed that the complications have only short-term impact on quality of life. Patients were assumed to be treated with 6 cycles of systemic chemotherapy. For TaTME, the systemic chemotherapy and palliative costs were set to zero. The costs were based on 2016-2017 values (£), with a discount rate of 3.5%, and a willingness-to-pay (WTP) threshold of £20,000 per quality-adjusted life-year (QALY).26

Country of Origin

The first authors of the SRs were from Australia, China, Russia, Morocco, Russia, Russia, Morocco, Russia, Russi

The authors of the RCT²⁵ were from China, where the trial was conducted.

The cost-effectiveness analysis was conducted in the UK.²⁶



Patient Population

All 8 SRs¹⁷⁻²⁴ included adults with rectal cancer. The RCT²⁵ included adults with stages I to III rectal cancer.

The cost-effectiveness analysis²⁶ was based on a clinical evidence review involving adults with non-metastatic rectal cancer.

Interventions and Comparators

The intervention was TaTME, and the comparator was LaTME in all 8 SRs¹⁷⁻²⁴ and the RCT.²⁵ One SR²⁴ also included 2 primary studies in which the comparator was LaTME or open TME.

The intervention of interest in the cost-effectiveness analysis²⁶ was the TaTME procedure. The relevant comparators considered in the model were open surgery and laparoscopic surgery.

Outcomes

All 8 $\rm SRs^{17-24}$ and the RCT²⁵ reported on various intraoperative, oncological, pathological, and postoperative outcomes.

Three SRs $^{21-23}$ and the RCT 25 reported on conversion to open procedure. Conversion in LaTME was defined as when the procedure was completed with open surgery. Conversion in TaTME was defined as a case in which the procedure was completed by open surgery or the TME was performed by the transanal approach, but the conversion occurred at the transabdominal phase.

Intraoperative blood loss was investigated by 2 SRs 21,22 and the RCT. 25 Intraoperative complications were reported by 1 SR 22 and the RCT, 25 which defined intraoperative complications as unexpected surgical adverse events occurring during surgery (e.g., iatrogenic injury of the blood vessels, bowel, or other organs; hemorrhage; subcutaneous emphysema; and CO $_2$ embolism). The length of hospital stay was reported by 3 SRs $^{21-23}$ and the RCT. 25 One SR 21 reported readmission and reoperation. 21 The RCT 25 also reported secondary surgery.

One SR¹⁸ assessed local recurrence. Two SRs^{19,24} assessed both local and distant recurrence. Three SRs^{18,19,24} reported overall and disease-free survival.

Positive circumferential resection margin (CRM) or CRM involvement was investigated by 5 SRs^{17,18,21,23,24} and the RCT.²⁵ Positive or clear CRM was defined as tumour-free at a distance of at least 1 mm from the mesorectal fascia. ^{18,25} CRM length was reported by 2 SRs.^{21,22} Positive digital resection margin (DRM) was reported by 4 SRs^{17,18,21,23} and the RCT.²⁵ DRM was defined as more than 1 mm between the closest tumour to the cut edge of the tissue.²⁵ DRM length was reported by 2 SRs.^{21,22}

Incompleteness of TME was assessed by 3 SRs 17,21,24 and the RCT. 25 Completeness or quality of TME was reported by 3 SRs 18,22,23 and the RCT. 25 The SR by Milone et al. $(2022)^{18}$ assessed completeness of TME using the Quirke criteria. 18 In the SR by Ziati et al. $(2021)^{23}$ and the RCT, 25 TME quality was considered complete or nearly complete. Harvested lymph nodes were reported by 4 SRs $^{17,21\cdot23}$ and the RCT. 25

Two SRs^{19,20} assessed health-related quality of life using the European Organisation for Research and Treatment of Cancer Quality of Life Questionnaire Core 30 (EORTC QLQ-C30). This is a validated scale that measures the quality of life in cancer patients by through 30



questions about 5 functional aspects (physical, role, emotional, cognitive, and social), 8 symptoms (fatigue, nausea, pain, dyspnea, loss of appetite, insomnia, constipation and diarrhea, financial strain), and global health status. ¹⁸⁻²⁰ Two SRs^{18,19} reported health-related quality of life using the EQ Visual Analogue Scale, which records the patient's self-rated health and can be used as a quantitative measure of health outcome that reflects the patient's own judgment. The complementary EQ-5D 3 Levels descriptive system comprises 5 dimensions: mobility, self-care, usual activities, pain and discomfort, and anxiety and depression. Each dimension has 3 levels: no problems, some problems, and extreme problems. ¹⁹

Mortality was reported by 3 SRs^{18,21,22} and the RCT.²⁵ Postoperative complications were reported by 4 SRs^{18,20,22,23} and the RCT.²⁵ Two SRs^{18,22} used the Clavien-Dindo classification to rank postoperative complications, in which grades I and II were categorized as minor and grades III to V were classified as major complications. In the RCT,²⁵ specific postoperative complications were diagnosed according to ether an image-based physical evaluation or obvious clinical evidence, and then were stratified by the Clavien-Dindo classification system.

The RCT²⁵ also assessed incision infection and abdominal and pelvic infection. Anastomotic leakage was reported by 2 SRs^{18,23} and the RCT.²⁵ Anastomotic leakage was defined as clinical evidence of a defect of the integrity of the intestinal wall at the anastomotic site or presence of a pelvic abscess adjacent to the anastomosis.²⁵ Ureter or urethral injury was reported by 1 SR,²¹ and intestinal obstruction was reported by 1 SR²¹ and the RCT²⁵

The outcome of the included economic evaluation²⁶ was incremental cost-effectiveness ratio (ICER) reported as cost per QALY.

Summary of Critical Appraisal

Systematic Reviews

All included SRs¹⁷⁻²⁴ were generally well conducted, but with several limitations. In all SRs, ¹⁷⁻²⁴ the review objective was clearly stated, a literature search was conducted using multiple databases, a list of the included primary studies was presented, the characteristics of the included studies were described, the risk of bias of included studies was assessed, and potential publication bias was investigated.

One SR¹⁸ had a published protocol and another SR²¹ registered its review in PROSPERO. No pre-published protocol was referenced in any of the other 6 SRs,^{17,19,20,22-24} and it is unclear if they had methods that were established a priori. Six SRs^{17,19-21,23,24} included clear statements regarding the use of Preferred Reporting Items for Systematic Reviews and Meta Analyses (PRISMA) statement standards for the conduct of the SRs and meta-analyses.¹⁶ One SR¹⁹ used Cochrane SR methodology.²⁸

Study selection and data extraction was completed by 2 reviewers in 3 SRs. ^{18,19,24} Five SRs^{17,20-23} did not report how study selection was performed but did report that data extraction was performed independently by 2 reviewers. Therefore, the potential for errors in study selection cannot be ruled out in these reviews. A list of excluded studies was not presented in any of the included SRs. ¹⁷⁻²⁴ In the absence of justifications for excluding studies, it is unclear if the selection process captured all the relevant studies.

The SR by Li et al. $(2022)^{17}$ reported on whether personnel, patients, and outcome assessors were blinded in the included RCTs. One of the 2 RCTs in the SR¹⁷ included blinded study



personnel and participants; outcome assessors were not blinded in either trial.¹⁷ Unblinded studies are at an increased risk for bias.

Seven SRs^{17,19-24} assessed the quality of included non-randomized studies using the Newcastle-Ottawa scale, and 1 SR¹⁸ used the ROBINS-I (Risk Of Bias In Non-randomized Studies of Interventions). Three SRs^{17,20,22} assessed the quality of included RCTs with the Jadad scale, and 1 SR¹⁸ used the Cochrane RoB 2 tool. All SRs assessed between-study heterogeneity using I^2 measure of inconsistency. Clear criteria for the selection of a randomor fixed-effect model for the meta-analyses were provided in 4 SRs. ^{17-19,21,22,24} Random-effect meta-analyses were performed in 2 SRs^{20,23} with no clear rationale provided for the use of the random-effect model compared with the fixed-effect model.

Three SRs^{17,19,20} did not report the study designs of non-randomized trials (e.g., prospective observational study). Reporting of study designs was possibly inaccurate in another SR.¹⁸ For example, an included primary study identified by the original authors as a matched casecontrol study was described by 2 SRs as a retrospective study¹⁷ or a retrospective cohort study,¹⁸ suggesting reporting errors.

Four SRs^{19,21,23,24} were limited by including only non-randomized studies and no RCTs. In these SRs,^{19,21,23,24} all non-randomized studies were pooled in meta-analyses, regardless of study design (e.g., cohort, case-control). The other 4 SRs^{17,18,20,22} included a mix or RCTs and non-randomized studies. In these SRs,^{17,18,20,22} RCTs and non-randomized studies were pooled in meta-analyses. The Cochrane Handbook for Systematic Reviews of Interventions²⁸ recommends that different observational study designs, or observational and randomized studies, should not be combined in a meta-analysis because this causes increased heterogeneity.²⁸

In 7 SRs, $^{17-22,24}$ the authors provided a statement on conflict of interest. In 1 SR, 23 the authors did not declare whether they had any conflicts of interest.

Randomized Controlled Trial

The included RCT²⁵ clearly reported the objective, interventions, and findings. The authors described the randomization method and reported baseline characteristics of all randomized participants, including those who dropped out. The participants were recruited at 16 centres, and the treatment sites were likely representative for receiving TME for rectal cancer. However, all participating centres were in China; therefore, their findings may not be generalizable to Canadian settings.

The primary outcomes were 3-year disease-free survival and 5-year overall survival.²⁵ Sample size calculation was conducted based on the primary outcomes, and the required sample size was achieved at the desired 80% power to detect differences in treatment effect between intervention groups. However, as of the time of publication,²⁵ data on disease-free survival or overall survival were expected at a future date and were not reported in the article.

The early analysis was pre-planned, and the reported outcomes were assessed with appropriate statistical tests. Blinding of patients, study personnel, and outcome assessors was not feasible due to the nature of the intervention. Interoperative and postoperative outcomes were assessed by the participating surgeons. Pathological outcomes were evaluated by 2 specialized pathologists in each participating centre in a blinded manner. All outcomes were reviewed by the Chinese Transanal Endoscopic Collaborative (group that launched the RCT).²⁵



Economic Evaluation

The research question and the objective of the cost-effectiveness analysis²⁶ were clearly described. The type of analysis, perspectives, and time horizon were described and were appropriate for the purpose. The interventions and comparators considered in the model were also appropriate, and the comparators were alternate approaches to the intervention of interest. A partitioned survival analysis model was used for the analysis. In a partitioned survival analysis model, patients belong in 1 of the mutually exhaustive health states, which is determined by overall survival curves. This decision modelling tool is commonly used for economic analyses of interventions for advanced cancers.²⁹ The rationale for this model was described well. The health states were distinct and covered all probable scenarios after the treatment. The sources of data used in the model were clear. The clinical estimates were based on results from an SR of clinical effectiveness with detailed methodology. The clinical effectiveness SR had well-defined eligibility criteria and a comprehensive literature search. Meta-analyses were conducted to quantitatively synthesize the evidence. Cost data, including procedure costs and equipment costs, were sourced from reputable source. Results of the base-case analysis were clearly reported. Deterministic sensitivity analyses were conducted to identify which factors influenced the cost-effectiveness. A cost-effectiveness acceptability curve was presented. The conclusions of the analysis were presented well with appropriate caveats.

However, the analysis was not without limitations. Although a detailed critique of the partitioned survival analysis model is beyond the scope of this report, a major limitation of the model is that mutually exhaustive health states were assumed when, in reality, this may not be true.²⁹ There was a lack of clinical data for TaTME for some outcomes (e.g., complications).²⁶ The authors used assumptions to fill in these gaps. For example, occurrence of surgical site infection for TaTME was assumed to be equivalent to the laparoscopic approach. Complications were assumed to have only short-term effects on quality of life. The costs of systemic chemotherapy and palliative care were set to zero for TaTME. The validity of these assumptions in real-life settings were unclear. For the outcome overall survival, the effect estimate from the clinical review was not statistically significant because the confidence interval passed the point of no effect. However, a point estimate of the hazard ratio was used in the analytic model, which showed increased survival and reduced recurrence with TaTME. It is likely that TaTME was associated with lower QALYs and increased costs than what was considered in the model, since there could be no change in overall survival with TaTME. This could affect result of the analysis in favour of the comparators. Additionally, the authors conducted a sensitivity analysis by using only statistically significant results, which found that TaTME was no longer the optimal approach. Considering the assumptions and these limitations, the validity of the results may be low, and should be interpreted with caution. When reporting results of the analysis, numerical ICERs for each treatment option were not reported, which made independent assessment of the results challenging. It was unclear whether the WTP threshold was appropriate for the settings. Finally, the study was conducted in the UK from the perspective of the NHS.26 The generalizability of the findings to Canadian settings is unclear.

Additional details regarding the strengths and limitations of included publications are provided in <u>Appendix 3</u>.



Summary of Findings

There was some overlap in the primary studies that were included in the SRs. ¹⁷⁻²⁴ Therefore, to minimize duplication of reporting, meta-analyses for a clinical effectiveness outcome in 1 SR were not reported if all included studies were captured in a more recent or more comprehensive meta-analysis in another SR. If study outcomes were included in 1 of the meta-analyses, they were reported only in the pooled estimates (and not the individual study level results). Appendix 4 presents the main study findings.

Clinical Effectiveness of Transanal Total Mesorectal Excision for Adults With Rectal Cancer

Conversion to Open Procedure

Evidence from 2 SRs^{21,22} and the RCT²⁵ indicated that TaTME was associated with a statistically significant lower rate of conversion to open procedure compared with LaTME. Heterogeneity among the included studies was zero in 1 SR^{21,22} and not important in the other SRs,^{21,22} indicating that the results were consistent across studies in both SRs.^{21,22}

Intraoperative Blood Loss

Two SRs^{21,22} reported no statistically significant difference in intraoperative blood loss between the TaTME and LaTME groups. There was moderate to substantial heterogeneity in the analyzed studies. The RCT²⁵ found that intraoperative estimated blood loss was comparable between TaTME and LaTME.

Interoperative Complications

One SR^{22} and the RCT²⁵ reported that intraoperative complication rates were not significantly different between the TaTME and LaTME groups. There was no heterogeneity among the studies in the $SR^{.22}$

Length of Hospital Stay

Two SRs^{21,22} and the RCT²⁵ reported no significant differences in length of hospital stay between the TaTME and LaTME groups. Both SRs^{21,22} found substantial heterogeneity in hospital stay between studies included in the meta-analysis.

Readmission

One SR²¹ reported no statistically significant difference in readmissions between the TaTME and LaTME groups, and moderate heterogeneity.

Reoperation

One SR²¹ reported no statistically significant difference in reoperations between the TaTME and LaTME groups. There was no heterogeneity between included studies. The RCT²⁵ reported that 4.4% of patients in the TaTME group and 3.5% of patients in the LaTME group required secondary surgery within 30 days after surgery because of anastomotic leakage, anastomotic bleeding, intestinal obstruction, abdominal or pelvic infection, or intraperitoneal bleeding.

Recurrence of Cancer

Two SRs^{19,24} found no statistically significant difference in local recurrence of cancer between the TaTME group and the open TME or LaTME groups. One of these SRs²⁴ reported substantial heterogeneity in local recurrence. This heterogeneity was due to 1 prospective observational study (Wasmuth et al. [2020]). In contrast, another SR¹⁸ reported that local



recurrence was statistically significantly lower in the TaTME group compared with the open TME or LaTME groups based on 1 included retrospective observational study.

Two SRs^{19,24} reported no statistically significant differences in distant cancer recurrence between the TaTME group and the open TME or LaTME groups.

Disease-Free Survival

Two SRs^{18,24} reported that disease-free survival was not statistically significantly different in the TaTME group compared with the open TME or LaTME groups.

Overall Survival

Two SRs^{18,24} reported no statistically significant differences in overall survival between the TaTME group and the open TME or LaTME groups.

Circumferential Resection Margin

Two SRs^{17,24} showed that the positive CRM was statistically significantly lower in the TaTME group compared with the LaTME group. A third SR¹⁸ reported that clear CRM was not statistically significantly different between the TaTME and LaTME groups. Li et al. (2022)¹⁷ performed a subgroup analysis by study design in their SR and found a statistically significant difference in positive CRM only when 2 included RCTs were pooled. In the subgroup analyses of the prospective observational studies and of the retrospective observational studies, there were no statistically significant differences in the positive CRM between the TaTME and LaTME groups. The RCT²⁵ reported no statistically significant difference in positive CRM between the TaTME and LaTME groups.

Two SRs^{21,22} reported no statistically significantly difference in length of CRM between the TaTME group and the open TME or LaTME groups, but there was notable heterogeneity.

Distal Resection Margin

Three SRs^{17,18,23} and the RCT²⁵ reported that positive DRM was not statistically significantly different between the TaTME and LaTME groups.

Two SRs^{21,22} reported no statistically significant differences in length of DRM between TaTME and open TME or LaTME. One SR²¹ reported high heterogeneity among studies, and the other SR²² reported no heterogeneity.

Completeness or Quality of Mesorectal Excision

One SR¹⁷ reported the findings for mesorectum incompleteness in 3 different ways. Two different effect estimates were reported in the text and in a forest plot. Although both effect estimates indicated a significant difference in favour of TaTME compared with LaTME, the authors reported narratively that there was no significant difference in the mesorectum incompleteness rate observed between the TaTME and LaTME groups.¹⁷ Therefore, the results from this SR are unclear.¹⁷

Findings from the other SRs^{18,21,24} found no statistically significant differences in completeness of mesorectum between the TaTME and LaTME groups. The RCT²⁵ reported no statistically significant difference in specimen quality of mesorectum excision between the TaTME and LaTME groups. The quality of the TME specimen was complete and nearly complete in all cases; none of the patients in the trial had an incomplete TME.²⁵



Harvested Lymph Nodes

One SR¹⁷ found no significant difference in the number of harvested lymph nodes observed between the TaTME and LaTME groups; however, the heterogeneity was substantial.¹⁷ One cohort study in another SR²¹ and the RCT²⁵ also reported no statistically significant differences in number of harvested lymph nodes between the TaTME and LaTME groups.

Health-Related Quality of Life

Three SRs¹⁸⁻²⁰ reported that overall or global measures of health-related quality of life were not statistically significantly different between the TaTME and LaTME groups.

Mortality

Perioperative mortality was assessed in 1 SR,²² and was found to be not statistically significantly different between the TaTME and LaTME groups. There was no heterogeneity in the analyzed studies.

The results from 2 SRs^{18,21} and the RCT²⁵ indicated no statistically significant differences in 30-day post-operative mortality between the TaTME and LaTME groups. The RCT²⁵ reported that 1 patient in the TaTME group died of septic shock as a result of abdominal infection, and 1 patient in the LaTME group died of a cerebrovascular accident.²⁵ One SR²¹ reported that 1 patient in the TaTME group died and 3 patients in the LaTME group died (causes of death were not reported).

Postoperative Complications

One SR¹⁸ found no statistically significant difference in minor complications assessed 30 days post-surgery between the TaTME and LaTME groups. Two SRs^{21,22} reported no statistically significant differences in major complications between the TaTME and LaTME groups, and another SR²³ also found no statistically significant differences between TaTME in LaTME in postoperative complications. There was no heterogeneity in studies analyzed in 3 SRs.^{18,21,22} In the RCT,²⁵ there was no statistically significant difference in the overall postoperative complication rate between the TaTME and LaTME groups. Based on the Clavien-Dindo classification of surgical complications, the severity of surgical complications between the 2 groups did not differ.²⁵ Another SR²⁰ found no statistically significant difference in complications requiring surgery between the TaTME and LaTME groups.

Anastomotic Leak

Two SRs^{18,21} and the RCT²⁵ found no statistically significant difference in the rate of anastomotic leakage between the TaTME and LaTME groups.

Infection

The RCT²⁵ reported no statistically significant differences in the rates of incisional infection and abdominal or pelvic infection between the TaTME and LaTME groups.

Urethral Injury

One SR²¹ found no statistically significant difference in ureter or urethral injury between the TaTME and LaTME groups.



Intestinal Obstruction

One SR²¹ reported no statistically significant difference in intestinal obstruction between the TaTME and LaTME groups. However, the RCT²⁵ reported a statistically significantly lower rate of intestinal obstruction in the TaTME group compared with the LaTME group.

Cost-Effectiveness of Transanal Total Mesorectal Excision for Adults With Rectal Cancer

The authors of the cost-effectiveness analysis²⁶ reported that, at a WTP threshold of £20,000 per QALY, TaTME was the most cost-effective (dominant) option compared with open surgery and laparoscopic surgery. TaTME was the least expensive option, with the highest QALY among all compared approaches in the base-case analysis. The numerical ICERs of each approach were not reported. The authors also noted that these results were based on the effect estimate for overall survival associated with TaTME, which was obtained from their clinical effectiveness review.²⁶ However, the estimates were not statistically significant. When a sensitivity analysis using only statistically significant estimates was conducted, laparoscopic surgery was found to be the most cost-effective approach. In most other scenarios, TaTME remained the most cost-effective option.

The cost-effectiveness acceptability curve of the base-case analysis showed that that TaTME was the most cost-effective option compared with open surgery and laparoscopic surgery at various WTP thresholds. At a WTP threshold of £20,000 per QALY, the probability of TaTME being the cost-effective option was 86% compared with 2% and 13% for open surgery and laparoscopic surgery, respectively.²⁶

Limitations

The majority of the clinical effectiveness evidence supporting the SRs was derived from retrospective observational studies with few participants (less than 100). Of a total of 46 primary studies in the 8 SRs,¹⁷⁻²⁴ 3 were RCTs, whereas the rest were non-randomized studies. The limited number of RCTs included reduces the quality of evidence because observational studies have inherent biases due to potential confounding factors, such as sex, body mass index, American Society of Anesthesiologists classification, tumour stage, distance from anal verge, and neoadjuvant chemoradiotherapy.

Due to the nature of the intervention, blinding was generally not feasible in all primary studies. Lack of blinding particularly effects subjective outcomes, such as health-related quality of life.

Heterogeneity in pooled analyses was reported for several outcomes (interoperative blood loss, hospital stay, local recurrence, CRM length, DRM length, harvested lymph nodes). Heterogeneity may have resulted from the pooling of different study designs, different numbers of surgeons who performed the procedures, different experiences with the surgical procedures, and variable lengths of follow-up. Inconsistency causes uncertainty in the findings presented in the SRs. Also, the evidence in the SRs focused on short-term rather than long-term outcomes.

TaTME was developed as a surgical alternative for specific subgroups of patients (e.g., patients with obesity; male patients with bulky distal tumours; patients with a narrow pelvis). 4,30 However, evidence on using TaTME in these subgroups of patients was not



available in the studies included in this report. Inconsistency between the results of 3 SRs^{17,18,24} and the RCT²⁵ was observed for positive CRM. There was also inconsistency between the results of 1 SR²¹ and the RCT²⁵ for intestinal obstruction following surgery. These conflicting findings may present challenges to interpretation. However, none of the results were in direct opposition to each other (i.e., a statistically significant positive association compared with a statistically significant negative association).

The cost-effectiveness evidence was based on 1 economic evaluation²⁶ with several limitations as detailed in the Critical Appraisal section. There was uncertainty about the validity of increased survival with TaTME because the clinical data supporting the analysis were inconclusive, and assumptions regarding complications and costs of TaTME were unclear. Overall, the evidence from the cost-effectiveness analysis was uncertain.

None of the SRs, primary studies within the SRs, ¹⁷⁻²⁴ RCT, ²⁵ or economic evaluation ²⁶ were conducted by authors in Canada. It is unclear if the clinical effectiveness and cost-effectiveness findings are generalizable to Canadian clinical practice.

Conclusions and Implications for Decision- or Policy-Making

This report was based on 8 SRs,¹⁷⁻²⁴ 1 RCT,²⁵ and 1 economic evaluation²⁶ that explored the clinical effectiveness of TaTME compared with LaTME or open TME for adults with rectal cancer. The results of the SRs¹⁷⁻²⁴ were based on many moderate- to high-quality non-randomized studies and some moderate- to high-quality RCTs (as assessed by the review authors). The clinical effectiveness of TaTME was primarily compared with LaTME, which reflects the current shift from the conventional open approach to the minimally invasive laparoscopic technique. ^{17,20,21,26,31}

Overall, the evidence regarding clinical effectiveness suggests that TaTME has lower rates of conversion^{21,22} and positive CRM^{17,21,22,24} compared with LaTME or open TME. For other assessed outcomes, the evidence indicates that TaTME was as clinically effective and safe compared with LaTME or open TME for patients with rectal cancer. Specifically, no statistically significant differences were found between TaTME and LaTME or open TME for intraoperative blood loss,^{21,22} intraoperative complications,^{22,25} hospital stay,^{21,22,25} readmission,²¹ reoperation,^{21,25} local and distant recurrence,^{19,24} overall and disease-free survival,^{18,19,24} CRM length,^{21,22} DRM,^{17,18,22,23,25} DRM length,^{21,22} completeness or quality of TME,^{18,21,25} harvested lymph nodes,^{17,21,25} global health-related quality of life,¹⁸⁻²⁰ mortality,^{18,21,22,25} postoperative complications,^{18,20-22,25} and anastomotic leakage.^{21,22,24}

TaTME may be cost-effective compared with open TME and LaTME. However, the only available evidence was from 1 economic evaluation²⁶ based in the UK, and the findings were uncertain.

Based on the available evidence, it may be reasonable to expect that TaTME may be an effective and safe alternative to LaTME and/or open TME for the treatment of patients with rectal cancer. However, the limitations of the included literature should be considered when interpreting the findings of this report. Large-scale clinical trials with longer follow-up periods are required to better determine the effect of TaTME on long-term outcomes. Future



economic evaluations conducted from the Canadian perspective may be helpful to further inform clinical and policy decisions.



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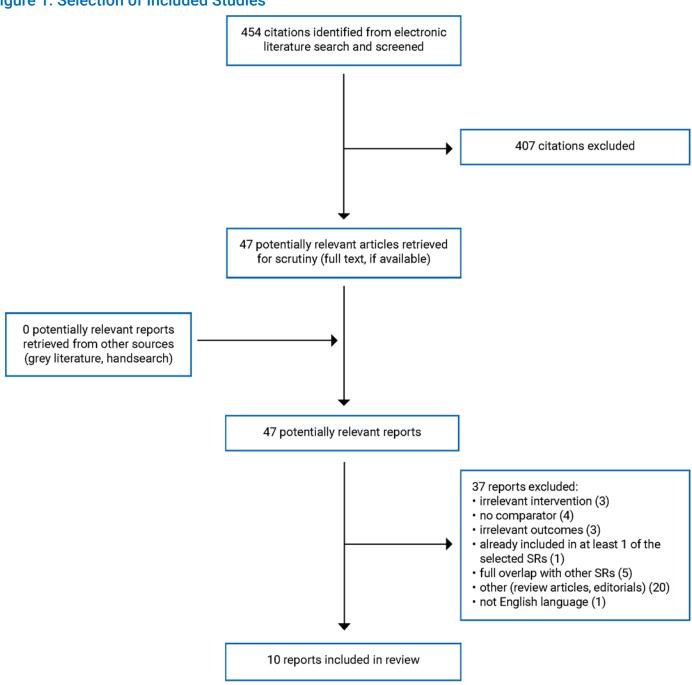


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Appendix 1: Selection of Included Studies

Figure 1: Selection of Included Studies





Appendix 2: Characteristics of Included Publications

Note that this appendix has not been copy-edited.

Table 2: Characteristics of Included Systematic Reviews

Study citation, country, funding source	Study designs and numbers of primary studies included	Population characteristics	Intervention and comparator(s)	Clinical outcomes, length of follow-up
Li et al. (2022) ¹⁷ China Funding source: Natural Science Foundation of Gansu Province, Gansu Health Scientific Research Project, Fundamental Research Funds for the Central Universities, Institute Scientific Research Fund Project/ Youth Project	Objective: To identify the pathologic outcomes provided by TaTME compared with LaTME in the treatment of low or middle rectal cancer treatment. Databases searched: PubMed, Cochrane Library, Embase Last search date: November 1, 2021 Relevant included studies: 26 studies (2 RCTs, 24 NRS)	Inclusion criteria: RCTs, prospective or retrospective studies comparing TaTME with LaTME in patients who underwent rectal cancer surgery Excluded: Reviews, case reports, noncomparable data, and repeat publications	Intervention: TaTME Comparator: LaTME	Outcomes: CRM, DRM, mesorectum incompleteness, harvested lymph nodes
Milone et al. (2022) ¹⁸ Italy Funding source: European Association for Endoscopic Surgery	Objective: To develop evidence-informed recommendations on the use of TaTME vs. laparoscopic in patients with rectal cancer. Databases searched: Medline, Embase, OpenGrey Last search date: January 30, 2021 Relevant included studies: 16 studies (1 RCT, 15 NRS)	Inclusion criteria: Adult patients with adenocarcinoma of the rectum Excluded: Single incision and open surgery	Intervention: TaTME Comparator: LaTME	Outcomes: Recurrence, survival, CRM, DRM, TME completeness, quality of life, mortality, complications, anastomotic leak
Moon et al. (2022) ²⁴ South Korea Funding source: Fund of Biomedical Research Institute, Jeonbuk National University Hospital	Objective: To conduct a systematic review and meta-analysis to evaluate survival outcomes and recurrence rates of TaTME compared with transabdominal TME in patients with rectal cancer. Databases searched: PubMed, Cochrane CENTRAL, Embase Last search date: April 7, 2020 Relevant included studies: 10 NRS	Inclusion criteria: Patients with rectal cancer who were treated with TaTME or transabdominal TME (all surgical modalities such as open, laparoscopic, and robotic surgery) Excluded: Patients with stage IV or recurred rectal cancer; patients who received abdominoperineal resection; had no extractable data and authors were unavailable to provide additional information; case series with < 10 patients	Intervention: TaTME Comparator: LaTME or Open TME	Outcomes: Recurrence, survival, CRM, TME incompleteness, anastomotic leak



Study citation, country, funding source	Study designs and numbers of primary studies included	Population characteristics	Intervention and comparator(s)	Clinical outcomes, length of follow-up
Alimova et al. (2021) ¹⁹ Russia Funding source: NR	Objective: To compare long-term oncological and functional outcomes after TaTME and LaTME for rectal cancer. Databases searched: PubMed, Cochrane Database of Systematic Reviews Last search date: February 8, 2020 Relevant included studies: 10 NRS	Inclusion criteria: Patients diagnosed with rectal cancer Excluded: Lack of sufficient data or outcomes of interest; duplicate publication; abdominoperineal resections; and non-comparative studies, reviews, meta-analyses, letters, case reports or conference abstracts	Intervention: TaTME Comparator: LaTME	Outcomes: Recurrence, survival, length of hospital stay, quality of life
Choy et al. (2021) ²⁰ Australia Funding source: NR	Objective: To assess comparative functional outcomes following TaTME and LaTME, with a focus on anorectal and genitourinary outcomes. Databases searched: PubMed, Embase, MEDLINE, Cochrane Library Last search date: August 31, 2020 Relevant included studies: 7 studies (1 RCT, 6 NRS)	Inclusion criteria: NR Excluded: Non-English studies, letters, perspectives, conference abstracts, or studies focusing on pediatric patients were excluded	Intervention: TaTME Comparator: LaTME	Outcomes: Quality of life, complications
Kwon et al. (2021) ²¹ South Korea Funding source: National Evidence- based Healthcare Collaborating Agency in South Korea	Objective: To compare the safety and efficacy between TaTME and LaTME Databases searched: Medline, Embase, Cochrane Library, Korean databases (KoreaMed, KMbase, KISTI, KISS, RISS) Last search date: August 31, 2019 Included studies: 16 NRS	Inclusion criteria: Patients diagnosed with rectal cancer; cohort studies Excluded: Reviews, letters, editorials, commentaries, conference abstract, and clinical reports; studies with sample size < 20 in each group; languages other than English; inappropriate data; duplicate patient series; inadequate technique for intervention or comparator; and nonhuman research	Intervention: TaTME Comparator: LaTME	Outcomes: Conversion to open procedure, intraoperative blood loss, length of hospital stay, readmission, reoperation, CRM, DRM, TME incompleteness, harvested lymph nodes, mortality, complications, anastomotic leak, urethral injury, internal obstruction
Ren et al. (2021) ²² China Funding source: Medical Science and Technology Research	Objective: To conduct a meta-analysis of TaTME and LaTME comparative studies for low rectal cancer to provide a basis to evaluate the safety and efficacy of the	Inclusion criteria: Patients diagnosed with low rectal cancer (distance of tumour from anal verge < 7 cm) Excluded: Studies with benign lesions only, or no distinct	Intervention: TaTME Comparator: LaTME	Outcomes: Conversion to open procedure, intraoperative blood loss, length of hospital stay,



Study citation, country, funding source	Study designs and numbers of primary studies included	Population characteristics	Intervention and comparator(s)	Clinical outcomes, length of follow-up
Fund of Guangdong Province, China	procedure. Databases searched: China National Knowledge Infrastructure, Chinese BioMedical Database, PubMed, Embase, Cochrane CENTRAL, Wanfang Database Last search date: May 2020 Relevant included studies:	group of malignant rectal tumour, studies on other surgical methods, studies in languages other than English or Chinese, and correspondences, letters, case reports, reviews, meta-analysis, and conference abstracts		recurrence, CRM, DRM, TME quality, harvested lymph nodes, mortality, complications, anastomotic leak, internal obstruction
Ziati et al. (2021) ²³ Morocco Funding source: NR	Objective: To evaluate short-term oncological and perioperative outcomes of TaTME compared to LaTME for rectal cancer. Databases searched: Medline (PubMed) Last search date: January 1, 2019 Relevant included studies: 12 NRS	Inclusion criteria: Patients who were diagnosed with rectal cancer based on pathological examination Excluded: Duplicate or repeat studies, meta-analysis, non-comparative studies, conference abstracts, expert opinions, editorials, letters and commentaries, nonhuman research, interventions on cadavers, reports on robotic TaTME, articles with other languages than French and English, no TME group as a control, studies with benign lesions only, studies on transanal endoscopic microsurgery or other local excision	Intervention: TaTME Comparator: LaTME	Outcomes: Conversion to open procedure, length of hospital stay, CRM, DRM, TME completeness, harvested lymph nodes, complications, anastomotic leak

CENTRAL = Central Register of Controlled Trials; CRM = circumferential resection margin; DRM = distal resection margin; LaTME = laparoscopic total mesorectal excision; NR = not reported; NRS = non-randomized studies; TaTME = transanal total mesorectal excision; TME = total mesorectal excision.

Table 3: Characteristics of the Included Primary Clinical Study

Study citation, country, funding source	Study design	Population characteristics	Intervention and comparator(s)	Clinical outcomes, length of follow-up
Liu et al. (2022) ²⁵ China Funding source: Sun Yat Yat-sen University Clinical Research 5010 Program, Science and Technology Projects in Guangzhou,	Study design: RCT Setting: 16 centres in 10 Chinese provinces Objective: To assess the surgical safety and oncological outcomes of TaTME vs LaTME in patients with rectal cancer	Inclusion criteria: Patients aged 18 to 75 years; had an ASA class I-III; had clinical stage I-III rectal adenocarcinoma below peritoneal reflection based on preoperative imaging; and were expected to undergo a sphincter-sparing procedure via TME principles for curative intent. Excluded: Patients who had T1	Intervention: TaTME Comparator: LaTME	Outcomes: Conversion to open procedure, intraoperative blood loss, hospital length of stay, CRM, DRM, TME completeness, harvested lymph nodes, mortality complications,



Study citation, country, funding source	Study design	Population characteristics	Intervention and comparator(s)	Clinical outcomes, length of follow-up
China Postdoctoral Science Foundation, Guangdong Basic and Applied Basic Research Foundation		cancers that could be locally resected; had CRM involvement as indicated by preoperative MRI; had tumours with ingrowth in the internal sphincter or levator ani; and had contraindications for surgery. Number of patients: TaTME, N = 544; LaTME; N = 545 Median age (IQR), years: TaTME = 58 (50 to 67); LaTME = 60 (52 to 67) % Female: TaTME = 34; LaTME = 39.		infection, anastomotic leak Follow-up: 5 years ^a

ASA = American Society of Anesthesiologists; CRM = circumferential resection margin; DRM = distal resection margin; LaTME = laparoscopic total mesorectal excision; IQR = inter-quartile range; RCT = randomized controlled trial; TaTME = transanal total mesorectal excision; TME = total mesorectal excision.

Table 4: Characteristics of Included Economic Evaluation

Study citation country, funding source	Type of analysis, time horizon, perspective	Population characteristics	Intervention and comparator(s)	Approach	Source of clinical, cost, and utility data used in analysis	Main assumptions
NICE NG151 Evidence Review ²⁶ UK Funding source: NICE	Analysis: cost- effectiveness analysis Time horizon: Lifetime (36 years) Perspective: public health care payer perspective (NHS and Personal Social Services) WTP threshold: £20,000 per QALY	Adults with non-metastatic rectal cancer. Population data were obtained from the clinical evidence review of 28 studies	Relevant intervention: TaTME Comparator: Open surgery, laparoscopic resection, robotic surgery Outcomes: overall survival, local recurrence, complications	Partitioned survival analysis approach Discount rate 3.5%	Clinical data were sourced from the evidence review component of the report. Cost data were sourced from NHS reference costs 2016/17 Equipment costs from another cost-effectiveness analysis of prostate cancer (Ramsay et al., 2012) QoL estimates were obtained from Rao et al., 2017	Complication estimate of TaTME was assumed to be equivalent to laparoscopic the approach. Estimate on local recurrence of TaTME was assumed as RR = 0.54 due to lack of clinical evidence. Complications were assumed to have a short impact on QoL and morbidity. Patients were assumed to be treated with 6 cycles of systemic

At the time of publication, data on 3-year and 5-year outcomes was not yet available. The publication reported on initial study findings.



Study citation country, funding source	Type of analysis, time horizon, perspective	Population characteristics	Intervention and comparator(s)	Approach	Source of clinical, cost, and utility data used in analysis	Main assumptions
						chemotherapy. For TaTME, the systemic chemotherapy and palliative costs were set to zero

NHS = National Health Service; NICE = National Institute of Health and Care Excellence; NG = NICE guidance; NR = not reported; QALY = quality-adjusted life-years; QoL = quality of life; RR = relative risk; TaTME = transanal total mesorectal excision; WTP = willingness to pay threshold.



Appendix 3: Critical Appraisal of Included Publications

Note that this appendix has not been copy-edited.

Table 5: Strengths and Limitations of Systematic Reviews Using AMSTAR 213

Strengths	Limitations			
Li et al. (2022) ¹⁷				
The research question and inclusion criteria included the components of PICO.	It is unclear if the review methods were established before the conduct of the review.			
The searches were conducted in multiple databases, key search terms were provided, and additional references were search for in identified paper bibliographies. Adequate details about the included studies were described. All the data were extracted by 2 investigators independently. Disagreements in data extraction were determined by the third author. The Jadad scale was used to assess quality in individual RCTs, and the NOS was used for individual NRSs. Appropriate methods were used for meta-analyses Authors assessed the potential impact of quality in individual studies on the results of the meta-analyses. Authors included heterogeneity in their interpretation of the clinical effectiveness results of the review. Authors investigated possible publication bias using funnel plots. Authors reported their funding source and declared no conflicts	Trial registries and grey literature were not searched. Authors did not provide justification for eligible study designs. The literature search strategy was not presented. It was unclear if study selection was performed by a sole reviewer or in duplicate. A list of excluded studies with justifications for exclusion was not provided. Follow-up for primary studies were not reported. Sources of funding for individual studies included in the review were not reported. Data from both RCTs and NRS were pooled in meta-analyses; and subgroup analysis by study design was performed for only 1 outcome (CRM).			
of interest.				
Milone et al. (2022) ¹⁸				

The research question and inclusion criteria included the components of PICO.

There was an explicit statement that the review methods were established before the conduct of the review.

The searches were conducted in multiple databases, key search terms were provided. Open Grey and trial registries were also searched.

Comprehensive literature search strategies and detailed methods were available in the Appendix files online.

Study selection was completed by 2 reviewers independently and conflicts were resolved by discussion.

Outcome data were extracted by 1 author and cross checked by a second author and disagreements were resolved by discussion.

Adequate details about the included studies were described.

The risk of bias assessment was performed using Cochrane

Authors did not provide justification for eligible study designs.

A list of excluded studies with justifications for exclusion was provided.

Follow-up for primary studies were not reported.

Sources of funding for individual studies included in the review were not reported.

The authors reported that the included NRS were all cohort studies. However, the titles of some study publications indicated they were case-control studies. Therefore, the reporting of study designs may not be accurate.

Data from 1 RCT and NRS were pooled in meta-analyses.

It was not possible to check for small study effect either visually by inspecting the symmetry of the funnel plot or statistically by applying the Egger's test because of an inadequate number of studies for most outcomes.



Strengths	Limitations
ROB-2 for RCTs and the ROBINS-I for NRS.	
Appropriate methods were used for meta-analyses.	
Authors included inconsistency in their interpretation of the findings of the review.	
Authors reported their funding source.	
Authors declared no direct conflicts of interest. Indirect conflicts were documented and managed as per GIN standards.	
Moon et a	ıl. (2022) ²⁴
The research question and inclusion criteria included the components of PICO.	Although the authors refer to the study protocol, there is not reference to its publication or registration. Therefore, it is
The searches were conducted in multiple databases, key search terms were provided, and further articles were checked	unclear if the review methods were established before the conduct of the review.

manually to retrieve additional studies. Adequate details about the included studies were described.

Follow-up for primary studies were reported.

Article titles and abstracts were screened, and full texts were independently reviewed by 2 reviewers. Any differences in judgment regarding inclusion were resolved through discussion between the reviewers.

The NOS was used to assess methodological quality of the included NRSs.

Appropriate methods were used for meta-analyses.

Authors assessed the potential impact of quality in individual studies on the results of the meta-analyses.

Authors included heterogeneity in their interpretation of the results of the review.

Authors investigated publication bias using funnel plots.

Authors reported their funding source and declared no conflicts of interest.

Trial registries and grey literature were not searched.

Authors did not provide justification for eligible study designs.

The literature search strategy was not presented.

NRS only were included, which could be biased due to inherent confounding.

A list of excluded studies with justifications for exclusion was not provided.

Sources of funding for individual studies included in the review were not reported.

Alimova et al. (2021)19

The research question and inclusion criteria included the components of PICO.

The searches were conducted in multiple databases, key search terms were provided, and reference lists of selected publications were hand-searched for additional relevant studies.

Study selection and data extraction was completed by 2 authors independently.

Adequate details about the included studies were described.

The NOS was used to evaluate the quality of the individual

Appropriate methods were used for meta-analyses.

Authors assessed the potential impact of quality in individual studies on the results of the meta-analyses.

It is unclear if the review methods were established before the conduct of the review.

Trial registries and grey literature were not searched.

Authors did not provide justification for eligible study designs.

The literature search strategy was not presented.

NRSs only were included, which could be biased due to inherent confounding.

A list of excluded studies with justifications for exclusion was not provided.

Sources of funding for individual studies included in the review were not reported.

Authors did not investigate publication bias as there were less



Strengths	Limitations			
Authors considered heterogeneity in their interpretation of the results of the review.	than 10 studies in each analysis, in accordance with Cochrane guidelines.			
Authors declared no conflicts of interest.				
Choy et a	I. (2021) ²⁰			
The aim of the review was clearly stated. The interventions and outcomes clearly stated.	It is unclear if the review methods were established before the conduct of the review. The inclusion criteria were not clearly stated.			
The searches were conducted in multiple databases, key search terms were provided, and cited references in each retrieved paper were checked for relevance. Data extraction was performed independently by 2 reviewers.	Trial registries and grey literature were not searched. Authors did not provide justification for eligible study designs.			
Any discrepancies were resolved by consensus and discussion between the 2 reviewers and the supervising author. Adequate details about the included studies were described.	The literature search strategy was not presented. It was unclear if study selection was performed by a sole reviewer or in duplicate. Follow-up for primary studies were not reported.			
The Jadad scale was used to assess quality in individual RCTs, and the NOS was used for NRSs. Authors assessed the potential impact of quality in individual	A list of excluded studies with justifications for exclusion was not provided. Sources of funding for individual studies included in the review			
studies on the results of the meta-analyses. Appropriate methods were used for meta-analyses. Authors considered heterogeneity in their interpretation of the results.	were not reported. Data from both RCTs and NRSs were pooled in the meta-analyses.			
Authors investigated publication bias using Egger's test. Authors declared no conflicts of interest.				
Kwon et a	I. (2021) ²¹			
The research question and inclusion criteria included the components of PICO. An explicit statement was provided that the review methods were established before the conduct of the review (registered in	Trial registries and grey literature were not searched. Authors did not provide justification for eligible study designs. The literature search strategy was not presented.			
PROSPERO). The searches were conducted in multiple databases and key search terms were provided.	It was unclear if study selection was performed by a sole reviewer or in duplicate. Follow-up for primary studies were not reported.			
Data extraction was performed by 2 reviewers. Any disagreements were settled by consensus-based discussion between the 2 reviewers.	Sources of funding for individual studies included in the reviewere not reported. A list of excluded studies with justifications for exclusion was			
Adequate details about the included studies were described.	not provided.			
The NOS was used to assess methodological quality and risk of plas of the included studies.				
Appropriate methods were used for meta-analyses.				
Authors considered heterogeneity in their interpretation of the results of the review.				
Authors investigated publication bias using funnel plots.				
Authors reported their funding source and declared their				

conflicts of interest.



Strengths Limitations Ren et al. (2021)22 The research question and inclusion criteria included the It was unclear if the review methods were established before components of PICO. the conduct of the review. The searches were conducted in multiple databases and key Trial registries and grey literature were not searched. search terms were provided. Authors did not provide justification for eligible study designs. Data were extracted independently by 2 investigators and any The literature search strategy was not presented. disagreements were resolved by consulting another author. It was unclear if study selection was performed by a sole Adequate details about the included studies were described. reviewer or in duplicate. The Jadad scale was used to assess quality in individual RCTs, Follow-up for primary studies were not reported. and the NOS was used for individual NRS. Sources of funding for individual studies included in the review Appropriate methods were used for meta-analyses. were not reported. Authors considered heterogeneity in their interpretation of the A list of excluded studies with justifications for exclusion was results of the review. not provided. Authors investigated publication bias using funnel plots. Authors reported their funding source and declared no potential

Ziati et al. (2021)23

The research question and inclusion criteria included the components of PICO.

conflicts of interest.

The searches were conducted in MEDLINE (PubMed), and key search terms were provided.

Data were extracted independently by 2 investigators.

Adequate details about the included studies were described.

The NOS was used to evaluate the quality in individual NRS.

Appropriate methods were used for meta-analyses.

Authors considered heterogeneity in their interpretation of the results of the review.

Authors investigated publication bias using funnel plots.

It was unclear if the review methods were established before the conduct of the review.

Trial registries and grey literature were not searched.

Authors did not provide justification for eligible study designs.

The literature search strategy was not presented.

It was unclear if study selection was performed by a sole reviewer or in duplicate.

NRSs only were included, which could be biased due to inherent confounding. Follow-up for primary studies were not reported.

Sources of funding for individual studies included in the review were not reported.

A list of excluded studies with justifications for exclusion was not provided.

Authors did not report about funding for the systematic review The authors did not declare whether they had potential conflicts of interest.

AMSTAR 2 = A MeaSurement Tool to Assess systematic Reviews 2; CRM = circumferential resection margin; GIN = Guidelines International Network; NRS = non-randomized study; NOS = Newcastle-Ottawa Scale; NRS = non-randomized studies; PICO = population/participants, intervention, comparison, outcomes; ROB-2 = Risk of Bias tool for randomized trials, version 2; RCT = randomized controlled trial; ROBINS-I = Risk Of Bias In Non-randomized Studies - of Interventions.



Table 6: Strengths and Limitations of the Clinical Study Using the Downs and Black Checklist¹⁴

Strengths	Limitations		
Liu et al. (2022) ²⁵			
Reporting:	External validity:		
The objective, outcomes, patient characteristics, interventions of interest, and main findings were clearly described.	The proportion of people who were asked to participate and agreed was		
Estimates of the random variability (e.g., IQR, confidence intervals) in the data for the main outcomes were reported.	not stated. Significantly higher rate of inter-		
Adverse events were reported.	sphincteric resection was found in patients who received TaTME, and the		
The number of randomized participants in each intervention group that withdrew from the study (9 vs. 10) and their reasons were reported (did not receive intervention as randomized because withdrew consent, underwent another operation, or found distant metastases intraoperatively).	sacrifice of the internal sphincter could potentially have impaired functional outcomes.		
Actual P values were reported	All participating centres were in China. Therefore, the findings may not be		
The number of participants in each intervention group excluded (5 vs. 2) from the	applicable to Canada.		
modified intention-to-treat analysis and reasons for their exclusion were reported (postoperative pathology not rectal cancer, improper consent, patient refusal).	Internal validity – bias:		
External validity:	The surgeons and patients were not masked to the treatment allocation;		
Potential participants screened for enrolment and eligibility were verified by the CTESC Research Committee. Therefore, participants may be representative of the population from which they were recruited.	however, it is unlikely this would have been feasible due to the nature of the intervention.		
The eligibility of the surgeons performing the interventions was reported.	Other:		
Internal validity – bias:	Conflicts of interest were not reported.		
The pathological outcomes were assessed by 2 specialized pathologists in each participating centres in a blinded manner.			
The outcomes used were accurate and assessed with appropriate statistical tests.			
All outcomes were reviewed by the CTESC Research committee every 3 months.			
Surgical practice was standardized in both intervention groups. Surgical quality control was maintained by using unedited videos of all surgeries. These videos were reviewed by the CTESC Research Committee and feedback was regularly provided to the study investigators.			
Internal validity – confounding:			
Participants were randomized to intervention groups using 1:1 randomization by a centralized web-based system with stratification by centre.			
Power:			

CTESC = Chinese Transanal Endoscopic Surgery Collaborative; IQR = inter-quartile range; TaTME = transanal total mesorectal excision.

A sample size calculation was performed. The study was adequately powered at 80% to

detect 3-year disease-free survival and 5-year overall survival.



Table 7: Strengths and Limitations of the Economic Evaluation Using the Drummond Checklist¹⁵

Strengths Limitations

NICE NG151 Evidence Review²⁶

The research question and its economic importance were stated.

The type of analysis, perspectives, and time horizon were clearly stated and was appropriate.

The interventions and comparators of interest were reported and were appropriate.

The rationale for choosing comparators were clearly described.

Sources of data used in the analysis were reported. The clinical effectiveness was estimated by the authors by conducting a systematic review and meta-analysis. The methods and results of the systematic review was included in the publication.

Sources of cost and quality of life data were reported. They were appropriate and valid.

The primary outcome measure was ICER (cost per QALY) which was appropriate for the research question.

Currency and price data along with discount rates were reported.

The analysis was done using a partitioned survival analysis model. The choice of model and its parameters were described.

Deterministic sensitivity analysis was conducted in addition to the base-case analysis to evaluate the various factors included in the model.

Incremental analysis was reported. A cost-effectiveness acceptability curve was provided.

Conclusions drawn from the data and the results were reported clearly. They were accompanied by appropriate caveats.

The health states in the model are considered mutually independent in the partitioned survival analysis model. It is unclear whether the health states are mutually exclusive in real world settings.

There were several assumptions for the analysis of TaTME vs laparoscopic or open surgery to cover for the missing data. For example, the authors assumed that occurrence of surgical site infection with TaTME would be equivalent to the laparoscopic approach. For TaTME, costs of systemic chemotherapy and palliative care were set to zero. The validity of these assumptions in real-life settings was unclear.

There was a lack of clinical evidence for outcomes such as complications.

The clinical review found that overall survival with TaTME was not significantly different from laparoscopic approach. However, a point estimate that showed increased survival with TaTME was considered in the economic model. Use of an estimate favouring TaTME when there is no difference could skew the results in favour of TaTME. When only statistically significant results were used in the sensitivity analysis, the results were no longer favourable to TaTME.

Numerical ICERs for each approach were not reported.

The study was conducted for UK settings. The generalizability of results to Canadian settings was unclear.

HR = hazard ratio; ICER = incremental cost-effectiveness ratio; QALY = quality-adjusted life-years; TaTME = transanal total mesorectal excision.



Appendix 4: Main Study Findings

Note that this appendix has not been copy-edited.

Table 8: Summary of Findings by Outcome — Intraoperative Outcomes

Study			Outcome results					
citation	Study design	Outcome	TaTME group	LaTME group	Effect estimate (95% CI)	P value		
Conversion to open procedure								
Kwon et al. (2021) ²¹	SR and MA (13 NRS)	Conversion rates, # events/total	12 of 839	76 of 899	RR = 0.19 (0.11 to 0.34) $I^2 = 0\%$	< 0.001		
Ren et al. (2021) ²²	SR and MA (2 RCTs, 8 NRS)	Conversion to open procedure. # events/total	6 of 378	29 of 394	OR = 0.25 (0.11 to 0.54) I ² = 9%	0.001		
Liu et al. (2022) ²⁵	RCT	Conversion, # events/total (%)	0 of 544	6 of 545 (1.1%)	NR	0.03		
			Intraoperative blood	loss				
Kwon et al. (2021) ²¹	SR and MA (6 NRS)	Interoperative blood loss	NR n = 203	NR n = 259	MD = -8.37 (-27.82 to 11.08) $I^2 = 48\%$	0.40		
Ren et al. (2021) ²²	SR and MA (3 NRS)	Interoperative blood loss	NR n = 104	NR n = 133	MD = 13.99 (-16.39 to 44.37) I ² = 66%	0.37		
Liu et al. (2022) ²⁵	RCT	Intraoperative blood loss, median mL (IQR)	50 (40 to 100)	50 (40 to 100)	NR	0.29		
		I	ntraoperative compli	cations				
Ren et al. (2021) ²²	SR and MA (1 RCT, 6 NRS)	Intraoperative complications, # events/total	17 of 255	9 of 242	OR = 1.90 (0.84 to 12.46) I ² = 0%	0.12		
Liu et al. (2022) ²⁵	RCT	Intraoperative complications, # events/total (%)	26 of 544 (4.8%)	33 of 545 (6.1%)	Difference = -1.3% (-4.2% to 1. 1.7%)	0.42		
			Length of hospital	stay				
Kwon et al. (2021) ²¹	SR and MA (12 NRS)	Hospital stay	NR n = 810	NR n = 870	MD = -0.51 (-1.43 to 0.41) $I^2 = 88\%$	0.28		
Ren et al. (2021) ²²	SR (1 NRS)	Hospital stay, mean days (SD)	10.3 (1.4) n = 39	9.6 (4.6) n = 64	MD = -0.41 (-1.81 to 1.01) I ² = 79%	NSS		



Study			Outcome results			
citation	Study design	Outcome	TaTME group	LaTME group	Effect estimate (95% CI)	P value
Liu et al. (2022) ²⁵	RCT	Postoperative hospital stay, median days (IQR)	8.0 (7.0 to 10.0)	9.0 (7.0 to 10.0)	NR	0.22
			Readmission			
Kwon et al. (2021) ²¹	SR and MA (7 NRS)	Readmission, # events/total	100 of 646	112 of 680	RR = 0.90 (0.70 to 1.15) I ² = 49%	0.40
			Reoperation			
Kwon et al. (2021) ²¹	SR and MA (5 NRS)	Reoperation, # events/total	17 of 209	19of 243	RR = 0.86 (0.45 to 1.61) $I^2 = 0\%$	0.63
Liu et al. (2022) ²⁵	RCT	Secondary surgery within 30 days after surgery, # events/total (%)	24 of 454 (4.4%)	19 of 455 (3.5%)	NR	NR

CI = confidence interval; IQR = inter-quartile range; LaTME = laparoscopic total mesorectal excision; MA = meta-analysis; MD = mean difference; NR = not reported; NRS = non-randomized study; NSS = not statistically significant; OR = odds ratio; RCT = randomized controlled trial; RR = risk ratio; SD = standard deviation; SR = systematic review; TaTME = transanal total mesorectal excision.

Table 9: Summary of Findings by Outcome — Oncological outcomes

			Outcom	e results				
Study citation	Study design	Outcome	TaTME group	Open or LaTME group	Effect estimate (95% CI)	P value		
	Local recurrence							
Milone et al. (2022) ¹⁸	SR (1 NRS)	Local recurrence (Follow-up 3 years)		IR 710	HR = 0.4 (0.23 to 0.69)	SS		
Moon et al. (2022) ²⁴	SR and MA (11 NRS)	Local recurrence; # events/total	33 of 529	54 of 1,637	RR = 1.12 (0.43 to 2.89) I ² = 66%	0.82		
Alimova et al. (2021) ¹⁹	SR and MA (7 NRS)	Local recurrence; # events/total	4 of 188	7 of 217	OR = 0.78 (0.22 to 2.79) $I^2 = 0\%$	0.71		
			Distant red	currence				
Moon et al. (2022) ²⁴	SR and MA (5 NRS)	Distant recurrence; # events/total	15 of 163	20 of 166	RR = 0.75 (0.40 to 1.41) $I^2 = 0\%$	0.38		
Alimova et al. (2021) ¹⁹	SR and MA (3 NRS)	Distant metastasis rate; # events/total (%)	7of 98 (7.1%)	13 of 98 (13.3%)	OR = 0.53 (0.19 to 1.47) $I^2 = 0\%$	0.23		

CI = confidence interval; HR = hazard ratio; LaTME = laparoscopic total mesorectal excision; MA = meta-analysis; NR = not reported; NRS = non-randomized study; OR = odds ratio; RR = risk ratio; SR = systematic review; SS = statistically significant; TaTME = transanal total mesorectal excision.



Table 10: Summary of Findings by Outcome — Survival

			Outcome			
Study citation	Study design	Outcome	TaTME group	Open or LaTME group	Effect estimate (95% CI)	P value
			Overall surv	ival		
Milone et al. (2022) ¹⁸	SR (1 NRS)	Overall survival (Follow-up 3 years)		IR 710	HR = 0.74 (0.53 to 1.03)	NSS
Moon et al. (2022) ²⁴	SR and MA (6 NRS)	Overall survival (2 to 5 years), # events/total	24 of 279	36 of 1,637	RR = 0.65 (0.39 to 1.08) I ² = 0%	0.10
			Disease-free si	urvival		
Milone et al. (2022) ¹⁸	SR (1 NRS)	Disease-free survival (Follow-up 3 years)	NR n = 710		HR = 0.81 (0.65 to 1.02)	NSS
Moon et al. (2022) ²⁴	SR and MA (6 NRS)	Disease-free survival (2 to 5 years), # events/total	49 of 279	72 of 1,637	RR = 0.75 (0.54 to 1.04) I ² = 0%	0.09

CI = confidence interval; HR = hazard ratio; I^2 = LaTME = laparoscopic total mesorectal excision; NR = not reported; NRS = non-randomized study; NSS = not statistically significant; RR = risk ratio; SR = systematic review; TaTME = transanal total mesorectal excision.

Table 11: Summary of Findings by Outcome — Pathological Outcomes

			Outcom	e results		
Study citation	Study design	Outcome	TaTME group	Open or LaTME group	Effect estimate (95% CI)	P value
			CRM			
Li et el. (2022) ¹⁷	SR and MA (2 RCTs, 23 NRS)	Positive CRM, # events/total (All studies)	76 of 1,642	111 of 1,890	OR = 0.72 (0.53 to 0.98) I ² = 0%	0.04
	SR and MA (2 RCTs)	Positive CRM (Subgroup analysis by study design)	NR n = 82	NR n = 82	OR = 0.20 (0.05 to 0.74) I ² = 0%	0.02
	SR and MA (4 prospective NRS)		NR n = 125	NR n = 128	OR = 2.70 (0.51 to 14.24) I ² = 0%	0.24
	SR and MA (19 retrospective NRS)		NR n = 1,435	NR n = 1,680	OR = 0.76 (0.55 to 1.04) I ² = 0%	0.09



			Outcom	e results		
Study citation	Study design	Outcome	TaTME group	Open or LaTME group	Effect estimate (95% CI)	P value
Milone et al. (2022) ¹⁸	SR and MA (1 RCT, 11 NRS)	Clear CRM (tumour-free CRM at a distance of at least 1 mm)	NR n = 1,909		OR = 1.36 (0.88 to 2.08)	NSS
Moon et al. (2022) ²⁴	SR and MA (8 NRS)	CRM involvement, # events/total	15of 317 37 of 338		RR = 0.48 (0.27 to 0.87) I ² = 0%	0.001
Ziati et al. (2021) ²³	SR (1 NRS)	Positive CRM, # events/total	14 of 367	38 of 1,176	OR = 1.19 (0.64 to 2.22)	NSS
Liu et al. (2022) ²⁵	RCT	Positive CRM # events/total (%)	5 of 544 (0.9%) 5 of 545 (0.9%)		NR	> 0.99
			CRM lengt	h		
Kwon et al. (2021) ²¹	SR and MA (4 NRS)	Length of CRM	NR n = 147	NR n = 127	MD = 1.64 (-1.32 to 4.60) I ² = 97%	0.28
Ren et al. (2021) ²²	SR and MA (6 NRS)	CRM distance	NR n = 241	NR n = 241	MD = 1.67 (-0.42 to 3.75) I ² = 94%	0.12
			DRM			
Li et el. (2022) ¹⁷	SR and MA (2 RCTs, 13 NRS)	DRM involvement	25 of 720	32 of 812	OR = 0.82 (0.49 to 1.37) I ² = 0%	0.44
Milone et al. (2022) ²⁴	SR and MA (1 RCT, 7 NRSs)	Clear DRM (tumour-free DRM at a distance of at least 1 mm)		IR 1,521	OR = 1.36 (0.88 to 2.08)	NSS
Liu et al. (2022) ²⁵	RCT	Positive DRM, # events/total (%)	2 of 544 (0.4%)	4 of 545 (0.7%)	NR	0.69
			DRM lengt	h		
Kwon et al. (2021) ²¹	SR and MA (9 NRS)	Length of DRM	NR n = 339	NR n = 394	MD = 1.88 (-2.96 to 6.73) I ² = 87%	0.45
Ren et al. (2021) ²²	SR and MA (8 NRS)	DRM distance	NR n = 314	NR n = 322	MD = -0.09 (-0.22 to 3.75) $I^2 = 0\%$	0.17
			TME incomplet	eness		
Li et el. (2022) ¹⁷	SR and MA (2 RCTs, 5 NRS)	Mesorectum incompleteness, # events/total	80 of 1,047	115 of 1,237	OR = 0.56 (0.39 to 0.80) ^a $I^{2} = 9\%^{a}$ OR = 0.64 (0.46 to 0.88) ^b $I^{2} = 9\%^{b}$	0.001 ^a 0.006 ^b



			Outcom	e results		
Study				Open or LaTME		
citation	Study design	Outcome	TaTME group	group	Effect estimate (95% CI)	P value
Moon et al. (2022) ²⁴	SR and MA (8 NRS)	TME incompleteness, # events/total	20 of 288	25 of 262	RR = 0.88 (0.50 to 1.55) I ² = 0%	0.66
Kwon et al. (2021) ²¹	SR and MA (11 NRS)	Incompleteness of mesorectum, # events/total	45 of 382	39 of 354	RR = 1.00 (0.70 to 1.45) I ² = 10%	0.98
Liu et al. (2022) ²⁵	RCT	Number of incomplete mesorectal excision, # events/total	0 of 544	0 of 545	NR	> 0.99
		Т	ME completeness	or quality		
Milone et al. (2022) ¹⁸	SR and MA (1 RCT, 6 NRS)	Completeness of TME, assessed using the Quirke criteria		IR 1,407	OR = 1.9 (0.81 to 4.44)	NSS
Ziati et al. (2021) ²³	SR and MA (8 NRS)	Macroscopic quality of the mesorectum (complete and nearly complete), # events/total (%)	321 of 356 (90.2%)	290 of 344 (84.3%)	OR = 1.29 (0.61 to 2.70) I ² = 40%	0.51
Liu et al. (2022) ²⁵	RCT	Number of complete total mesorectum excision, # events/total (%)	539 of 544 (99.1%)	544 of 545 (99.1%)	NR	> 0.99
			Harvested lymph	nodes		
Li et el. (2022) ¹⁷	SR and MA (1 RCT, 15 NRS)	Harvested lymph nodes	NR n = 727	NR n = 792	OR = 0.43 (-0.97 to 1.83) I ² = 62%	0.54
Kwon et al. (2021) ²¹	SR (1 NRS)	Harvested lymph nodes, mean (SD)	22 (22) n = 40	19.5 (6.5) n = 20	MD = 2.50 (-4.89 to 9.89)	NSS
Liu et al. (2022) ²⁵	RCT	Number of harvested lymph nodes, median (IQR)	14 (10 to 19)	15 (11 to 20)	NR	0.15

CI = confidence interval; CRM = circumferential resection margin; DRM = digital resection margin; IQR = inter-quartile range; LaTME = laparoscopic total mesorectal excision; MA = meta-analysis; MCC = matched case-control; MD = mean difference; NR = not reported; NRS = non-randomized study; NSS = not statistically significant; OR = odds ratio; RCT = randomized controlled trial; RR = risk ratio; SR = systematic review; TaTME = transanal total mesorectal excision.

^aFindings reported in the narrative text of the document.

^bFindings reported in Figure 5 forest plot of mesorectum incompleteness risk ratios.



Table 12: Summary of Findings by Outcome — Health-Related Quality of Life

Study		Outcome re		e results		
citation	Study design	Outcome	TaTME group	LaTME group	Effect estimate (95% CI)	P value
Alimova et al.		EQ-5D-3L VAS, mean (95% CI)	75.6 (69.9 to 81.3) n = 27	79.1 (72.8 to 85.3) n = 27	NR	0.40
(2021)19	,	(Follow-up 6.6 months) ^b				
		EQ-5D-3L index,	88.1 (83.1 to 93.1)	92.8 (88.2 to 97.4)	NR	0.159
		mean (95% CI)	n = 27	n = 27		
		(Follow-up 6.6 months) ^b				
Choy	SR	EORTC QLQ C30	79.6	83.6	NR	0.208
et al. (2021) ²⁰	(1 NRSª)	Global health status (0 to 100,	n = 27	n = 27		
(2021)	SR	higher score =	77.72	79.86	NR	0.625
	(1 NRS°)	better health-	n = 49	n = 36		
	SR	related QoL), mean	73.96	72.62	NR	0.874
	(1 NRS ^d)		n = 16	n = 15		

CI = confidence interval; EORTC QLQC30 = European Organization for Research and Treatment of Cancer Quality of Life Questionnaire Core 30; EQ-5D-3L = EQ-5D 3 Levels; LaTME = laparoscopic total mesorectal excision; NR = not reported; NRS = non-randomized study; TaTME = transanal total mesorectal excision; QoL = quality of life; SR = systematic review; VAS = visual analogue scale.

Table 13: Summary of Findings by Outcome — Mortality

Study			Outcome results							
citation	Study design	Outcome	TaTME group	LaTME group	Effect estimate (95% CI)	P value				
	Mortality									
Milone et al. (2022) ¹⁸	SR and MA (11 NRS)	30-day or in- hospital mortality	NI n = 1,		OR = 0.27 (0.08 to 0.88)	SS				
Kwon et al. (2021) ²¹	SR and MA (4 NRS)	Mortality within 30 days, # events/total	1 of 425	3 of 422	RR = 0.40 (0.06 to 2.76) I ² = 0%	0.35				
Ren et al. (2021) ²²	SR and MA (8 NRS)	Perioperative mortality, # events/total	1 of 307 1 of 319		RR = 0.81 (0.11 to 6.16) I ² = 0%	0.84				
Liu et al. (2022) ²⁵	RCT	30-day mortality, # events/total	1 of 454	1 of 455	Difference = 0.0 (-2.4 to 2.4)	> 0.99				

CI = confidence interval; LaTME = laparoscopic total mesorectal excision; MA = meta-analysis; NR = not reported; NRS = non-randomized studies; OR = odds ratio; RCT = randomized controlled trial; RR = risk ratio; SR = systematic review; SS = statistically significant; TaTME = transanal total mesorectal excision.

^aVeltcamp et al. (2019a).

^bLength of follow-up was reported in the SR by Milone et. (2022).

[°]Bjoern et al. (2019).

dMora et al. (2018).



Table 14: Summary of Findings by Outcome — Harms

Study			Outcome	results		
citation	Study design	Outcome	TaTME group	LaTME group	Effect estimate (95% CI)	P value
		F	ostoperative compli	cations		
Milone et al. (2022) ¹⁸	SR and MA (11 NRS)	30-day minor complications (Clavien-Dindo ≤ 3)	NI n = 4		OR = 0.87 (0.52 to 1.44)	NSS
Choy et al. (2021) ²⁰	SR and MA (1 RCT, 2 NRS)	Complications requiring surgery, # event/total	9 of 79 14 of 70		OR = 0.58 (0.23 to 1.42) $I^2 = 0\%$	0.332
Kwon et al. (2021) ²¹	SR and MA (9 NRS)	Major complications (Clavien-Dindo classification ≥ 3), # event/total	33 of 312	45 of 317	OR = 0.75 (0.50 to 1.13) I ² = 0%	0.17
Ren et al. (2021) ²²	SR and MA (2 RCTs, 6 NRS)	Major morbidity (Clavien-Dindo classification ≥ 3), # event/total	36 of 309	40 of 296	OR = 0.83 (0.51 to 1.35) I ² = 0%	0.45
Ziati et al. (2021) ²³	SR and MA (8 NRS)	Postoperative complications, # event/total (%)	70 of 297 (23.6%)	92 of 372 (24.7%)	OR = 0.85 (0.57 to 1.25) I ² = 2%	0.41
Liu et al. (2022) ²⁵	RCT	All postoperative complications within 30 days after surgery, # event/total (%)	73 of 544 (13.4%)	66 of 545 (12.1%)	Difference = 1.2 (-2.8 to 5.2)	0.53
		30-day minor complications (Clavien-Dindo < 3), # event/total (%)	47 of 544 (8.6%)	45 of 455 (8.3%)	NR	0.86
		30-day major complications (Clavien-Dindo ≥ 3), # event/total (%)	26 of 544 (4.8%)	21 of 455 (3.9%)		
			Infection			
Liu et al. (2022) ²⁵	RCT	Incisional infection, # event/ total (%)	1 of 544 (0.2%)	1 of 545 (0.2%)	Difference = 0.0 (-2.4 to 2.4)	> 0.99
		Abdominal or pelvic infection, # event/total (%)	8 of 455 (1.5%)	6 of 455 (1.1%)	Difference = 0.3 (-1.5 to 2.1)	0.61



Study			Outcome	results		
citation	Study design	Outcome	TaTME group	LaTME group	Effect estimate (95% CI)	P value
		ık				
Milone et al. (2022) ¹⁸	SR and MA (8 NRS)	Anastomotic leakage		NR n = 1,657		NSS
Kwon et al. (2021) ²¹	SR and MA (8 NRS)	Anastomotic leakage, # event/ total	24 of 317	25 of 372	RR = 1.01 (0.59 to 1.72) $I^2 = 0\%$	0.97
Liu et al. (2022) ²⁵	RCT	Anastomotic leakage within 30 days after surgery, # event/ total (%)	39 of 544 (6.2%)	29 of 545 (5.3%)	Difference = 1.9 (-1.1 to 5.0)	0.21
			Urethral injury			
Kwon et al. (2021) ²¹	SR and MA (2 NRS)	Ureter or urethral injury, # event/ total	1 of 446	2 of 496	RR = 0.83 (0.10 to 6.63) $I^2 = 0\%$	0.86
			Intestinal obstruc	tion		
Kwon et al. (2021) ²¹	SR and MA (8 NRS)	Intestinal obstruction, # event/total	24 of 317	25 of 372	RR = 1.01 (0.59 to 1.72) $I^2 = 0\%$	0.97
Liu et al. (2022) ²⁵	RCT	Intestinal obstruction within 30 days after surgery, # event/ total (%)	10 of 544 (1.8%)	22 of 545 (4.0%)	Difference = -2.2 (-4.5 to 0.3)	0.05

CI = confidence interval; LaTME = laparoscopic total mesorectal excision; MA = meta-analysis; NR = not reported; NRS = non = randomized studies; NSS = not statistically significant; OR = odds ratio; RCT = randomized controlled trial; RR = risk ratio; SR = systematic review; TaTME = transanal total mesorectal excision.



Table 15: Summary of Findings of Included Economic Evaluation

Main study findings Authors' conclusion

NICE NG151 Evidence Review²⁶

The study examined the cost-effectiveness of TaTME compared to laparoscopic surgery or open surgery for rectal cancer. Cost-effectiveness analysis was conducted using a partitioned survival analysis approach, on a lifetime horizon and from a public payer perspective.

WTP threshold = £20,000 per QALY

Results of the base-case analysis:

TaTME (reference)

Total cost = £9,812

Total QALY = 11.15

TaTME vs, laparoscopic surgery

Total cost = £11,042; incremental cost = £1,230

Total QALY = 10.34; incremental QALY = -0.81

ICER (TaTME vs. laparoscopic surgery): Cost per QALY NR

TaTME was dominant

TaTME vs. open surgery

Total cost = £11,963; incremental cost = £2,151

Total QALY = 9.08; incremental QALY = -2.07

ICER (TaTME vs. open surgery): Cost per QALY NR

TaTME was dominant

The base case results showed that TaTME is the most cost-effective option, with the lowest total cost and highest QALY. The authors noted that the results for TaTME were based on effect estimates OS (HR = 0.5, 95% CI = 0.20 to 1.24) and local recurrence (RR = 0.54). The effect estimates for OS was not statistically significant (CI cross the value of no effect)

Results of the deterministic sensitivity analysis:

TaTME was the most cost-effective strategy in most of the modelled scenarios.

Scenarios when laparoscopic was the optimal strategy:

When only the statistically significant changes were considered in the model

When OS with TaTME was considered equal to that with laparoscopic surgery

When upper HR of TaTME was considered in the model

Scenario when open surgery was the optimal surgery:

When upper HR of TaTME and laparoscopic surgery were considered in the model.

In all other scenarios, TaTME was found to be the optimal approach.

The cost-effectiveness acceptability curve:

At the WTP threshold of £20,000 per QALY, the probability of various

"A speculative analysis comparing the open, laparoscopic, robotic and TaTME approaches suggests that the TaTME may be cost-effective. However, the lack of clear data as well as the assumptions required to run this four-way comparison severely limit the conclusions that can be drawn from the analysis. (p.198)"²⁶



Main study findings	Authors' conclusion
approaches being the most cost-effective strategy were:	
TaTME - 86%	
Laparoscopic surgery - 13%	
Open surgery - 2%	
The CEAC showed that the probability of TaTME being cost-effective option was 86% starting from a WTP threshold of £6,000 per QALY and remained so with increase in WTP thresholds.	
The probability of laparoscopic surgery becoming cost-effective was less than 25% at £2,000 per QALY and decreased to around 13% when WTP threshold was £8,000 per QALY.	
The probability of laparoscopic surgery becoming cost-effective was around 12% at £1,000 per QALY and decreased to 2% when WTP threshold was £1,000 per QALY.	

CEAC = cost-effectiveness acceptability curve; CI = confidence interval; HR = hazard ratio; ICER = incremental cost-effectiveness ratio; NG = NICE guidance; NICE = National Institute for Health and Care Excellence; NR = not reported; OS = overall survival; QALY = quality-adjusted life-years; RR = relative risk; TaTME = transanal total mesorectal excision; WTP = willingness to pay.



Appendix 5: Overlap Between Included Systematic Reviews

Note that this appendix has not been copy-edited.

Table 16: Overlap in Relevant Primary Studies Between Included Systematic Reviews

Primary study citation	Li et al. (2022) ¹⁷	Milone et al. (2022) ¹⁸	Moon et al. (2022) ²⁴	Alimova et al. (2021) ¹⁹	Choy et al. (2021) ¹⁹	Kwon et al. (2021) ²¹	Ren et al. (2021) ²²	Ziati et al. (2021) ²³
Burghgraef et al. Ann Surg Oncol. 2022;29(3):19-1920.	Yes	_	_	-	_	-	_	_
Matsuda et al. Surg Endosc. 2021;35(2):971-8.	_	Yes	_	_	_	_	_	_
Ren et al. Asian J Surg. 2021; 44(1):181-5.	Yes	Yes	_	_	_	-	Yes	_
Ye et al. Eur J Oncol. 2021; 47(5):1019-25.	Yes	_	_	_	_	_	_	_
Zeng et al. Surg Endoscopy. 2021;36(6):3902-10.	Yes	_	_	_	_	_	_	_
Alhanafy et al. Dis Colon Rectum. 2020;63(11):1500– 10.	Yes	_	_	_	_	_	_	_
Bjoern and Perdawood. Coloproctol. 2020;24:231–6.	_	_	_	Yes	_	_	_	_
Foo et al. Dis Colon Rectum. 2020;63(4):497–503.	_	_	_	-	Yes	_	_	_
de Lacy et al. BMC Cancer. 2020;20(1):677.	_	Yes	_	_	_	-	_	_
Wasmuth et al. Br J Surg. 2020;107:121– 30.	_	_	Yes	_	_	_	_	
Zeng et al. Surg Endoscopy. 2020;34(9):3956-62.	_	Yes	_	_	_	_	_	_
Zuhdy et al. J Laparoendosc Adv Surg Tech A. 2020; 30(7):769–76.	Yes	_	_	-	_	-	_	_



Primary study citation	Li et al. (2022) ¹⁷	Milone et al. (2022) ¹⁸	Moon et al. (2022) ²⁴	Alimova et al. (2021) ¹⁹	Choy et al. (2021) ¹⁹	Kwon et al. (2021) ²¹	Ren et al. (2021) ²²	Ziati et al. (2021) ²³
Alamali et al. Dan Med J. 2019;66:A5555.	_	_	_	_	_	Yes	_	_
Bjoern et al. J Gastrointest Surg. 2019;23(8):1623-30.	Yes	_	_	Yes	Yes	Yes	_	Yes
Chen P and Yang S. Dis Colon Rect. 2019;62:e191.	_	_	Yes	_	_	-	_	_
Chen YT et al. Asian J Surg. 2019;42(6):674 -80.	Yes	_	Yes	Yes	_	Yes	Yes	Yes
Detering et al. J Am Coll Surg. 2019;228(3):235– 44e1.	Yes	Yes	_	_	_	Yes	_	_
Dou et al. Zhonghua Wei Chang Wai Ke Za Zhi, 2019;22:246-54.	_	_	_	_	Yes	-	_	_
Mo et al. Chin J Oper Proc Gen Surg. 2019;13:155–8.	_	_	_	_	_	-	Yes	_
Perdawood et al. Scand J Surg. 2019;108(1):49–54.	Yes	_	_	_	_	Yes	_	_
Roodbeen et al. Surg Endosc. 2019;33(8):2459–67.	Yes	Yes	_	_	_	Yes	Yes	Yes
Rubinkiewsicz et al. BMC Surg. 2019;19(1):79-87.	Yes	Yes	_	Yes	Yes	Yes	_	_
Sparreboom et al. Colorectal Dis. 2019;21(7):767–74.	Yes	_	_	_	_	Yes	_	_
Veltcamp Helbach et al. Surg Endosc. 2019a;33(1):79-87.	Yes	Yes	_	Yes	Yes	Yes	_	Yes
Veltcamp Helbach et al. Surg Endosc. 2019b;33(1):94-102.	_	_	_	_	_	-	_	_
Chang and Kiu. J Laparoendosc Adv Surg Tech. 2018;28(4):365–9.	Yes	_	_	-	-	Yes	-	Yes



Driver and the state of	Li et al.	Milone et al.	Moon et al.	Alimova et al.	Choy et al.	Kwon et al.	Ren et al.	Ziati et al.
Primary study citation Denost et al. Surgical Endoscopy. 2018;	(2022) ¹⁷ —	(2022) ¹⁸	(2022) ²⁴ Yes	(2021) ¹⁹ —	(2021) ¹⁹ —	(2021) ²¹ –	(2021) ²²	(2021) ²³ –
32(3):1486-94. ESCP. Colorectal Dis 20 Suppl. 2018;	_	_	_	_	_	-	_	Yes
6:33-46. Gordeyev et al. Eur Surg. 2018;51:13-8.	_	Yes	Yes	_	_	_	_	_
Mege et al. Colorectal Dis. 2018;20(6):0143-51.	Yes	_	Yes	Yes	_	Yes	Yes	Yes
Mora et al. Cir. 2018;86(2):140-7.	_	-	_	_	Yes	-	_	-
Perdawood et al. Surg Endosc. 2018;32(5):2312-21.	_	Yes	_	_	_	-	_	Yes
Persiani et al. Dis Colon Rectum. 2018;61(7):809–16.	Yes	_	_	_	_	Yes	_	Yes
Rubinkiewsicz et al. Cancer Manag Res. 2018;10:5239-45.	_	Yes	_	_	_	-	Yes	_
Lelong et al. J Am Coll Surg. 2017;224(5):917–25.	Yes	_	Yes	Yes	_	Yes	Yes	-
Xu et al. World J Gastroenterol. 2017;23:5798–808.	_	_	Yes	_	_	-	_	_
Chen CC et al. Ann Surg Oncol. 2016;23(4):1169–76.	Yes	Yes	_	_	_	Yes	_	Yes
Chouillard et al. Tech Coloproctol; 2016:20(8):537–44.	Yes	_	_	_	_	-	_	_
Marks et al. Tech Coloproctol. 2016;20(7):467–73.	_	Yes	Yes	Yes	-	-	_	-
Rasulov et al. Tech Coloproctol. 2016; 20(4):227–34.	Yes	_	-	_	_	Yes	_	Yes



Primary study citation	Li et al. (2022) ¹⁷	Milone et al. (2022) ¹⁸	Moon et al. (2022) ²⁴	Alimova et al. (2021) ¹⁹	Choy et al. (2021) ¹⁹	Kwon et al. (2021) ²¹	Ren et al. (2021) ²²	Ziati et al. (2021) ²³
de'Angelis et al. Langenbecks Arch Surg. 2015;400(8):945–59.	Yes	Yes	Yes	Yes	_	_	Yes	_
Fernández-Hevia et al. Ann Surg. 2015; 261(2):221–7.	Yes	Yes	_	-	_	Yes	_	Yes
Kanso et al. Dis Colon Rectum. 2015;58(7):637–44.	Yes	_	_	-	_	-	Yes	_
Denost et al. Ann Surg. 2014;260(6):993-9.	Yes	_	_	_	_	-	Yes	_
Velthuis et al. Surg Endosc. 2014; 28(12):3494-9.	Yes	Yes	_	_	_	_	_	_

ESCP = 2017 European Society of Coloproctology collaborating group



Appendix 6: References of Potential Interest

Previous CADTH Reports

Transanal Total Mesorectal Excision for Adult Patients with Rectal Cancer: A Review of Clinical Effectiveness and Cost-Effectiveness. Ottawa (ON): CADTH. 2020. https://www.cadth.ca/transanal-total-mesorectal-excision-adult-patients-rectal-cancer-review-clinical-effectiveness-and

Systematic Reviews

Full Overlap of Primary Studies With Included Systematic Reviews

Aubert M, Mege D, Panis Y. Total mesorectal excision for low and middle rectal cancer: laparoscopic versus transanal approach-a meta-analysis. Surg Endosc. 2020;34(9):3908-3919. PubMed

Hajibandeh S, Hajibandeh S, Eltair M, et al. Meta-analysis of transanal total mesorectal excision versus laparoscopic total mesorectal excision in management of rectal cancer. Int J Colorectal Dis. 2020;35(4):575-593. PubMed

Lo Bianco S, Lanzafame K, Piazza CD, Piazza VG, Provenzano D, Piazza D. Total mesorectal excision laparoscopic versus transanal approach for rectal cancer: A systematic review and meta-analysis. *Ann Med Surg (Lond)*. 2022;74:103260. PubMed

van der Heijden JAG, Koeter T, Smits LJH, et al. Functional complaints and quality of life after transanal total mesorectal excision: a meta-analysis. *Br J Surg.* 2020;107(5):489-498. PubMed

Wang X, Zheng Z, Yu Q, et al. Impact of Surgical Approach on Surgical Resection Quality in Mid- and Low Rectal Cancer, A Bayesian Network Meta-Analysis. Front Oncol. 2021;11:699200. PubMed

No Comparator

Casey L, Larach JT, Waters PS, et al. Application of minimally invasive approaches to pelvic exenteration for locally advanced and locally recurrent pelvic malignancy - A narrative review of outcomes in an evolving field. Eur J Surg Oncol. 2022;17:17. PubMed

Lau SYC, Choy KT, Yang TWW, et al. Defining the learning curve of transanal total mesorectal excision: a systematic review and meta-analysis. ANZ J Surg. 2022;92(3):355-364. PubMed

Wasmuth HH, Gachabayov M, Bokey L, et al. Statistical, Clinical, Methodological Evaluation of Local Recurrence Following Transanal Total Mesorectal Excision for Rectal Cancer: A Systematic Review. Dis Colon Rectum. 2021;64(7):899-914. PubMed

Economic Evaluations

Comparative Cost-Analysis

Di Candido F, Carvello M, Keller DS, et al. A comparative cost analysis of transanal and laparoscopic total mesorectal excision for rectal cancer. *Updates Surg.* 2021;73(1):85-91. <u>PubMed</u>

Review Articles

Guo Z, Ji X, Wang S, et al. Clinical Status and Future Prospects of Transanal Total Mesorectal Excision. Front. 2021;11:752737.

Vannijvel M, Wolthuis AM. Limitations and Concerns with Transanal Total Mesorectal Excision for Rectal Cancer. Clin. 2022;35(2):141-145. PubMed