TITLE: Intensive Short Term Dynamic Psychotherapy In Adult Patients With Any Psychiatric Diagnosis: Clinical and Cost-Effectiveness, Safety, and Guidelines

DATE: 18 February 2016

RESEARCH QUESTIONS

1. What is the clinical effectiveness of intensive short term dynamic psychotherapy in adult patients with any psychiatric diagnosis in any setting?

2. What is the cost-effectiveness of intensive short term dynamic psychotherapy in adult patients with any psychiatric diagnosis in any setting?

3. What are the evidence-based guidelines surrounding the use of intensive short term dynamic psychotherapy?

KEY FINDINGS

Five systematic reviews and meta-analyses, three randomized controlled trials, five non-randomized studies, five economic evaluations, and one evidence-based guideline were identified regarding the clinical and cost-effectiveness, safety, and guidelines of intensive short term dynamic psychotherapy in adult patients with any psychiatric diagnosis.

METHODS

A limited literature search was conducted on key resources including PubMed, OVID, The Cochrane Library, University of York Centre for Reviews and Dissemination (CRD) databases, Canadian and major international health technology agencies, as well as a focused Internet search. No filters were applied to limit retrieval by publication type. Where possible, retrieval was limited to the human population. The search was also limited to English language documents published between January 1, 2011 and February 11, 2016. Internet links were provided, where available.

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SELECTION CRITERIA

One reviewer screened citations and selected studies based on the inclusion criteria presented in Table 1.

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<th>Table 1: Selection Criteria</th>
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<tr>
<td><strong>Population</strong></td>
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<td><strong>Intervention</strong></td>
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<td><strong>Comparator</strong></td>
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<td><strong>Outcomes</strong></td>
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<td><strong>Study Designs</strong></td>
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RESULTS

Rapid Response reports are organized so that the higher quality evidence is presented first. Therefore, health technology assessment reports, systematic reviews, and meta-analyses are presented first. These are followed by randomized controlled trials, non-randomized studies, economic evaluations, and evidence-based guidelines.

Five systematic reviews and meta-analyses, three randomized controlled trials, five non-randomized studies, five economic evaluations, and one evidence-based guideline were identified regarding the clinical and cost-effectiveness, safety, and guidelines of intensive short term dynamic psychotherapy in adult patients with any psychiatric diagnosis. No health technology assessments were identified.

Additional references of potential interest are provided in the appendix.
Health Technology Assessments
No literature identified.

Systematic Reviews and Meta-analyses


Randomized Controlled Trials


Non-Randomized Studies


Economic Evaluations


Guidelines and Recommendations


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APPENDIX – FURTHER INFORMATION:

Non-Randomized Studies – Clinical Processes in ISTDP


Review Article


Additional References