

Point of Care Ultrasound for Assessment of Patients with Suspected or Known Chronic Heart Failure in Emergency Departments: Clinical Utility and Cost-Effectiveness

Service Line: Rapid Response Service

Version: 1.0

Publication Date: August 27, 2019

Report Length: 9 Pages



Authors: Deba Hafizi, Jennifer Horton

Cite As: Point of Care Ultrasound for Assessment of Patients with Suspected or Known Chronic Heart Failure in Emergency Departments: Clinical Utility and Cost-Effectiveness. Ottawa: CADTH; 2019 Aug. (CADTH rapid response report: summary of abstracts).

**Disclaimer:** The information in this document is intended to help Canadian health care decision-makers, health care professionals, health systems leaders, and policy-makers make well-informed decisions and thereby improve the quality of health care services. While patients and others may access this document, the document is made available for informational purposes only and no representations or warranties are made with respect to its fitness for any particular purpose. The information in this document should not be used as a substitute for professional medical advice or as a substitute for the application of clinical judgment in respect of the care of a particular patient or other professional judgment in any decision-making process. The Canadian Agency for Drugs and Technologies in Health (CADTH) does not endorse any information, drugs, therapies, treatments, products, processes, or services.

While care has been taken to ensure that the information prepared by CADTH in this document is accurate, complete, and up-to-date as at the applicable date the material was first published by CADTH, CADTH does not make any guarantees to that effect. CADTH does not guarantee and is not responsible for the quality, currency, propriety, accuracy, or reasonableness of any statements, information, or conclusions contained in any third-party materials used in preparing this document. The views and opinions of third parties published in this document do not necessarily state or reflect those of CADTH.

CADTH is not responsible for any errors, omissions, injury, loss, or damage arising from or relating to the use (or misuse) of any information, statements, or conclusions contained in or implied by the contents of this document or any of the source materials.

This document may contain links to third-party websites. CADTH does not have control over the content of such sites. Use of third-party sites is governed by the third-party website owners' own terms and conditions set out for such sites. CADTH does not make any guarantee with respect to any information contained on such third-party sites and CADTH is not responsible for any injury, loss, or damage suffered as a result of using such third-party sites. CADTH has no responsibility for the collection, use, and disclosure of personal information by third-party sites.

Subject to the aforementioned limitations, the views expressed herein do not necessarily reflect the views of Health Canada, Canada's provincial or territorial governments, other CADTH funders, or any third-party supplier of information.

This document is prepared and intended for use in the context of the Canadian health care system. The use of this document outside of Canada is done so at the user's own risk.

This disclaimer and any questions or matters of any nature arising from or relating to the content or use (or misuse) of this document will be governed by and interpreted in accordance with the laws of the Province of Ontario and the laws of Canada applicable therein, and all proceedings shall be subject to the exclusive jurisdiction of the courts of the Province of Ontario, Canada.

The copyright and other intellectual property rights in this document are owned by CADTH and its licensors. These rights are protected by the Canadian *Copyright Act* and other national and international laws and agreements. Users are permitted to make copies of this document for non-commercial purposes only, provided it is not modified when reproduced and appropriate credit is given to CADTH and its licensors.

**About CADTH:** CADTH is an independent, not-for-profit organization responsible for providing Canada's health care decision-makers with objective evidence to help make informed decisions about the optimal use of drugs, medical devices, diagnostics, and procedures in our health care system.

Funding: CADTH receives funding from Canada's federal, provincial, and territorial governments, with the exception of Quebec.

Questions or requests for information about this report can be directed to requests@cadth.ca



## **Research Questions**

- 1. What is the clinical utility of point of care ultrasound for the assessment of patients with suspected or known chronic heart failure in the emergency department?
- 2. What is the cost-effectiveness of point of care ultrasound for the assessment of patients with suspected or known chronic heart failure in the emergency department?

## **Key Findings**

Three non-randomized studies were identified regarding the clinical utility of point of care ultrasound for the assessment of patients with suspected or known chronic heart failure in the emergency department. No relevant economic evaluations were identified regarding the cost-effectiveness of point of care ultrasound for the assessment of patients with chronic heart failure in the emergency department.

#### **Methods**

A limited literature search was conducted by an information specialist on key resources including Medline, the Cochrane Library, the University of York Centre for Reviews and Dissemination (CRD) databases, the websites of Canadian and major international health technology agencies, as well as a focused Internet search. The search strategy was comprised of both controlled vocabulary, such as the National Library of Medicine's MeSH (Medical Subject Headings), and keywords. The main search concepts were point-of-care ultrasounds and heart failure. Where possible, retrieval was limited to the human population. The search was also limited to English language documents published between January 1, 2009 and August 15, 2019. Internet links were provided, where available.

## **Selection Criteria**

One reviewer screened citations and selected studies based on the inclusion criteria presented in Table 1.

**Table 1: Selection Criteria** 

Population	Adult patients presenting to emergency departments with suspected (e.g. presents with dyspnea) or known chronic heart failure or pericardial effusion
Intervention	Point of care ultrasound (POCUS) in the emergency department (also known as focused cardiac ultrasound, bedside ultrasound, emergency ultrasound, pocket-sized ultrasound)
Comparator	Q1-2: Ultrasound performed in the radiology ward (also known as radiology-performed ultrasound) No ultrasound/ POCUS
Outcomes	Q1: Clinical utility (safety, resuscitation length, frequency of intervention [e.g., intubation, drugs/medicine such epinephrine], return of spontaneous circulation (ROSC), length of stay, survival, time till transfer from ED, harms/benefits, accuracy of clinical assessment) Q2: Cost-effectiveness
Study Designs	Health technology assessments, systematic reviews, meta-analyses, randomized controlled trials, non-randomized studies, economic evaluations



## **Results**

Rapid Response reports are organized so that the higher quality evidence is presented first. Therefore, health technology assessment reports, systematic reviews, and meta-analyses are presented first. These are followed by randomized controlled trials, non-randomized studies, and economic evaluations.

Three non-randomized studies<sup>1-3</sup> were identified regarding the clinical utility of point of care ultrasound for the assessment of patients with suspected or known chronic heart failure in the emergency department. No relevant health technology assessments, systematic reviews, meta-analyses, randomized controlled trials, or economic evaluations were identified.

Additional references of potential interest are provided in the appendix.

# **Overall Summary of Findings**

Three non-randomized studies<sup>1-3</sup> were identified regarding the clinical utility of point of care ultrasound (POCUS) for the assessment of patients with suspected or known chronic heart failure in the emergency department. The authors of the first non-randomized study<sup>1</sup> found that POCUS was effective in identifying pericardial effusions, facilitating appropriate treatment and leading to earlier pericardiocentesis and decreased length of hospital stay. The authors of the second non-randomized study<sup>2</sup> found that when physicians were trained on the use of POCUS and implemented it within their practice, they were able to accurately identify pericardial effusion, leading to a higher level of confidence in their ultrasound findings, and changes in patient management. The authors of the third non-randomized study<sup>3</sup> evaluated the use of pocket-sized focused echocardiography and found that it may be useful to allow for prompt diagnosis of cardiac issues such as heart failure, leading to earlier initiation of therapy.

## References Summarized

Health Technology Assessments

No literature identified.

Systematic Reviews and Meta-analyses

No literature identified.

Randomized Controlled Trials

No literature identified.

Non-Randomized Studies

 Alpert EA, Amit U, Guranda L, et al. Emergency department point-of-care ultrasonography improves time to pericardiocentesis for clinically significant effusions. Clin Exp Emerg Med. 2017 Sep;4(3):128-132. PubMed: PM29026885



 Shah SP, Shah SP, Fils-Aime R, et al. Focused cardiopulmonary ultrasound for assessment of dyspnea in a resource-limited setting. *Crit Ultrasound J.* 2016 Dec;8(1):7.

PubMed: PM27260349

## Focused Cardiac Ultrasound

3. Mancuso FJ, Siqueira VN, Moises VA, et al. Focused cardiac ultrasound using a pocket-size device in the emergency room. *Arq Bras Cardiol*. 2014 Dec;103(6):530-537.

PubMed: PM25590933

## **Economic Evaluations**

No literature identified.



# **Appendix** — Further Information

## **Previous CADTH Reports**

 Portable Ultrasound Devices in the Pre-Hospital Setting: A Review of Clinical and Cost-Effectiveness and Guidelines. (CADTH Rapid response report: summary with critical appraisal). Ottawa (ON): CADTH; 2015: <a href="https://www.cadth.ca/portable-ultrasound-devices-pre-hospital-setting">https://www.cadth.ca/portable-ultrasound-devices-pre-hospital-setting</a> Accessed 2019 August 23.

## Systematic Reviews – Alternative Population

 Al Deeb M, Barbic S, Featherstone R, et al. Point-of-care ultrasonography for the diagnosis of acute cardiogenic pulmonary edema in patients presenting with acute dyspnea: a systematic review and meta-analysis. *Acad Emerg Med.* 2014 Aug;21(8):843-852.

PubMed: PM25176151

#### Randomized Controlled Trial

#### Alternative Comparator

 Pivetta E, Goffi A, Nazerian P, et al. Lung ultrasound integrated with clinical assessment for the diagnosis of acute decompensated heart failure in the emergency department: a randomized controlled trial. Eur J Heart Fail. 2019 Jun;21(6):754-766.
 PubMed: PM30690825

## Population Unspecified

- Andersen GN, Graven T, Skjetne K, et al. Diagnostic influence of routine point-of-care pocket-size ultrasound examinations performed by medical residents. *J Ultrasound Med*. 2015 Apr;34(4):627-636.
   PubMed: PM25792578
- Parashar SK, Jain V. Pocket carried ultrasound: its usefulness in clinical practice--a pilot study. *Indian Heart J.* 2011 Mar-Apr;63(2):185-189.
   PubMed: PM22734367

## Non-Randomized Studies

## Diagnostic Accuracy

- Bekgoz B, Kilicaslan I, Bildik F, et al. BLUE protocol ultrasonography in Emergency Department patients presenting with acute dyspnea. *Am J Emerg Med*. 2019 Feb 20. <u>PubMed: PM30819579</u>
- Dehbozorgi A, Eslami Nejad S, Mousavi-Roknabadi RS, et al. Lung and cardiac ultrasound (LuCUS) protocol in diagnosing acute heart failure in patients with acute dyspnea. Am J Emerg Med. 2019 Feb 26.
   PubMed: PM30833043



11. Farsi D, Hajsadeghi S, Hajighanbari MJ, et al. Focused cardiac ultrasound (FOCUS) by emergency medicine residents in patients with suspected cardiovascular diseases. *J Ultrasound*. 2017 May;20(2):133-138.

PubMed: PM28593003

 Papanagnou D, Secko M, Gullett J, et al. Clinician-Performed Bedside Ultrasound in Improving Diagnostic Accuracy in Patients Presenting to the ED with Acute Dyspnea. West J Emerg Med. 2017 Apr;18(3):382-389.

PubMed: PM28435488

- Chiem AT, Chan CH, Ander DS, et al. Comparison of expert and novice sonographers' performance in focused lung ultrasonography in dyspnea (FLUID) to diagnose patients with acute heart failure syndrome. *Acad Emerg Med.* 2015 May;22(5):564-573. PubMed: PM25903470
- Testuz A, Muller H, Keller PF, et al. Diagnostic accuracy of pocket-size handheld echocardiographs used by cardiologists in the acute care setting. *Eur Heart J Cardiovasc Imaging*. 2013 Jan;14(1):38-42.
   PubMed: PM22535657
- Kajimoto K, Madeen K, Nakayama T, et al. Rapid evaluation by lung-cardiac-inferior vena cava (LCI) integrated ultrasound for differentiating heart failure from pulmonary disease as the cause of acute dyspnea in the emergency setting. *Cardiovasc Ultrasound*. 2012 Dec 04;10(1):49.

PubMed: PM23210515

 Unluer EE, Bayata S, Postaci N, et al. Limited bedside echocardiography by emergency physicians for diagnosis of diastolic heart failure. *Emerg Med J.* 2012 Apr;29(4):280-283.

PubMed: PM21441267

 Longjohn M, Wan J, Joshi V, Pershad J. Point-of-care echocardiography by pediatric emergency physicians. *Pediatr Emerg Care*. 2011 Aug;27(8):693-696.
 <u>PubMed: PM21811201</u>

#### Alternative Population

 Buhumaid RE, St-Cyr Bourque J, Shokoohi H, et al. Integrating point-of-care ultrasound in the ED evaluation of patients presenting with chest pain and shortness of breath. Am J Emerg Med. 2019 Feb;37(2):298-303.
 PubMed: PM30413369

 Dwyer KH, Rempell JS, Stone MB. Diagnosing centrally located pulmonary embolisms in the emergency department using point-of-care ultrasound. *Am J Emerg Med.* 2018 Jul;36(7):1145-1150.

PubMed: PM29174452



 Gaspari R, Weekes A, Adhikari S, et al. Emergency department point-of-care ultrasound in out-of-hospital and in-ED cardiac arrest. *Resuscitation*. 2016 Dec;109:33-39.

PubMed: PM27693280

#### Alternative Comparator

 Glockner E, Christ M, Geier F, et al. Accuracy of Point-of-Care B-Line Lung Ultrasound in Comparison to NT-ProBNP for Screening Acute Heart failure. *Ultrasound Int Open*. 2016 Sep;2(3):E90-92. PubMed: PM27689182

22. Ozkan B, Unluer EE, Akyol PY, et al. Stethoscope versus point-of-care ultrasound in the differential diagnosis of dyspnea: a randomized trial. *Eur J Emerg Med.* 2015 Dec;22(6):440-443.

PubMed: PM25715019

23. Liteplo AS, Marill KA, Villen T, et al. Emergency thoracic ultrasound in the differentiation of the etiology of shortness of breath (ETUDES): sonographic B-lines and N-terminal pro-brain-type natriuretic peptide in diagnosing congestive heart failure. Acad Emerg Med. 2009 Mar;16(3):201-210.

PubMed: PM19183402

#### **Review Articles**

 Istasy V, Thompson D, Belisle SS, et al. The Role of Point of care ultrasound in the Injured Paediatric Patient. *Curr Pediatr Rev.* 2018;14(1):41-47.
 PubMed: PM29422005

25. Ceriani E, Cogliati C. Update on bedside ultrasound diagnosis of pericardial effusion. *Intern.* 2016 Apr;11(3):477-480.

PubMed: PM26746413

 Gaskamp M, Blubaugh M, McCarthy LH, Scheid DC. Can Bedside Ultrasound Inferior Vena Cava Measurements Accurately Diagnose Congestive Heart failure in the Emergency Department? A Clin-IQ. J Patient Cent Res Rev. 2016 Fall-Winter;3(4):230-234.

PubMed: PM27857946

27. Ishizu T, Kawakami Y. [Utility of Ultrasonography in Point of Care for Cardiovascular Disease]. *Rinsho Byori*. 2015 Jun;63(6):709-716.

PubMed: PM26548235

 Russell FM, Rutz M, Pang PS. Focused Ultrasound in the Emergency Department for Patients with Acute Heart failure. *Card Fail Rev.* 2015 Oct;1(2):83-86. PubMed: PM28785437



29. Arntfield RT, Millington SJ. Point of care cardiac ultrasound applications in the emergency department and intensive care unit--a review. *Curr Cardiol Rev.* 2012 May;8(2):98-108.

PubMed: PM22894759

30. Doniger SJ. Bedside emergency cardiac ultrasound in children. *J Emerg Trauma Shock.* 2010 Jul;3(3):282-291.

PubMed: PM20930974