

CADTH RAPID RESPONSE REPORT: REFERENCE LIST

Thermal Radiofrequency Neurotomy for the Treatment of Back Pain: Clinical Effectiveness and Safety – a 2020 Update

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Research Questions

- 1. What is the clinical effectiveness of thermal radiofrequency neurotomy for the treatment of back pain?
- 2. What is the clinical evidence regarding the safety of thermal radiofrequency neurotomy for the treatment of back pain?

Key Findings

Seventeen systematic reviews (three with meta-analysis) and eight randomized controlled trials were identified regarding the clinical effectiveness and safety of thermal radiofrequency neurotomy for the treatment of back pain.

Methods

A limited literature search was conducted by an information specialist on key resources including PubMed, the Cochrane Library, the University of York Centre for Reviews and Dissemination (CRD) databases, the websites of Canadian and major international health technology agencies, as well as a focused internet search. The search strategy was comprised of both controlled vocabulary, such as the National Library of Medicine's MeSH (Medical Subject Headings), and keywords. The main search concepts were radiofrequency therapy and back pain. No search filters were applied to limit retrieval by study type. Where possible, retrieval was limited to the human population. The search was also limited to English language documents published between January 1, 2012 and June 3, 2020. Internet links were provided, where available.

Selection Criteria

One reviewer screened citations and selected studies based on the inclusion criteria presented in Table 1.

Table 1: Selection Criteria

Population	Patients with back pain
Intervention	Thermal radiofrequency neurotomy also known as radiofrequency neurotomy, or continuous radiofrequency ablation
Comparator	Q1: Pharmaceutical intervention (e.g., steroid injection); Nerve block; Surgery; No treatment Q2: No comparator
Outcomes	Q1: Clinical effectiveness: relief of back pain (e.g., pain score), better management of back pain Q2: Safety
Study Designs	Health technology assessments, systematic reviews, randomized controlled trials



Results

Seventeen systematic reviews¹⁻¹⁷ (three with meta-analysis) and eight randomized controlled trials¹⁸⁻²⁵ were identified regarding the clinical effectiveness and safety of thermal radiofrequency neurotomy for the treatment of back pain. No relevant health technology assessments were identified.

References of potential interest that did not meet the inclusion criteria are provided in the appendix.

Health Technology Assessments

No literature identified.

Systematic Reviews and Meta-Analyses

 Shih CL, Shen PC, Lu CC, et al. A comparison of efficacy among different radiofrequency ablation techniques for the treatment of lumbar facet joint and sacroiliac joint pain: A systematic review and meta-analysis. *Clin Neurol Neurosurg*. 2020 Apr 19;195:105854.

PubMed: PM32353665

 Chen CH, Weng PW, Wu LC, Chiang YF, Chiang CJ. Radiofrequency neurotomy in chronic lumbar and sacroiliac joint pain: A meta-analysis. *Medicine (Baltimore)*. 2019 Jun;98(26):e16230.

PubMed: PM31261580

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- Lee CH, Chung CK, Kim CH. The efficacy of conventional radiofrequency denervation in patients with chronic low back pain originating from the facet joints: a meta-analysis of randomized controlled trials. Spine J. 2017 Nov;17(11):1770-1780. PubMed: PM28576500
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- King W, Ahmed SU, Baisden J, et al. Diagnosis and treatment of posterior sacroiliac complex pain: a systematic review with comprehensive analysis of the published data. *Pain Med.* 2015 Feb;16(2):257-265.
 PubMed: PM25677327



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- Manchikanti L, Kaye AD, Boswell MV, et al. A Systematic Review and Best Evidence Synthesis of the Effectiveness of Therapeutic Facet Joint Interventions in Managing Chronic Spinal Pain. *Pain Physician*. 2015 Jul-Aug;18(4):E535-582.
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 PubMed: PM24732848
- Falco FJ, Manchikanti L, Datta S, et al. An update of the effectiveness of therapeutic lumbar facet joint interventions. *Pain Physician*. 2012 Nov-Dec;15(6):E909-953.
 <u>PubMed: PM23159980</u>
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 PubMed: PM22622913
- Manchikanti KN, Atluri S, Singh V, Geffert S, Sehgal N, Falco FJ. An update of evaluation of therapeutic thoracic facet joint interventions. *Pain Physician*. 2012 Jul-Aug;15(4):E463-481.
 PubMed: PM22828694
- Smuck M, Crisostomo RA, Trivedi K, Agrawal D. Success of initial and repeated medial branch neurotomy for zygapophysial joint pain: a systematic review. *PM R*. 2012 Sep;4(9):686-692.
 PubMed: PM22980421

Review of Systematic Reviews

 Bowens A. Radiofrequency neurotomy of the cervical & lumbar medial branches: evidence based review. Wellington (NZ): Accident Compensation Corporation (ACC). 2015. https://www.acc.co.nz/assets/research/5bb78207fa/radiofrequency-neurotomy-review.pdf

Randomized Controlled Trials

18. Fischgrund JS, Rhyne A, Franke J, et al. Intraosseous Basivertebral Nerve Ablation for the Treatment of Chronic Low Back Pain: 2-Year Results From a Prospective



Randomized Double-Blind Sham-Controlled Multicenter Study. *Int J Spine Surg.* 2019 Apr;13(2):110-119.

PubMed: PM31131209

- Fischgrund JS, Rhyne A, Franke J, et al. Intraosseous basivertebral nerve ablation for the treatment of chronic low back pain: a prospective randomized double-blind shamcontrolled multi-center study. *Eur Spine J*. 2018 May;27(5):1146-1156.
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- Lakemeier S, Lind M, Schultz W, et al. A comparison of intraarticular lumbar facet joint steroid injections and lumbar facet joint radiofrequency denervation in the treatment of low back pain: a randomized, controlled, double-blind trial. *Anesth Analg.* 2013 Jul;117(1):228-235.
 PubMed: PM23632051



Appendix — Further Information

Previous CADTH Reports

- Pulsed Radiofrequency Ablation for Chronic Pain: Clinical Effectiveness, Safety, and Guidelines. (CADTH Rapid response report: reference list). Ottawa (ON): CADTH;
 https://cadth.ca/pulsed-radiofrequency-ablation-chronic-pain-clinical-effectiveness-safety-and-guidelines
- Thermal Radiofrequency Neurotomy for the Treatment of Back Pain: Clinical Effectiveness and Safety. (*CADTH Rapid response report*). Ottawa (ON): CADTH;
 https://www.cadth.ca/thermal-radiofrequency-neurotomy-treatment-back-pain-clinical-effectiveness-and-safety

Systematic Reviews and Meta-Analyses – Alternative Population

 Pope JE, Deer TR, Kramer J. A systematic review: current and future directions of dorsal root ganglion therapeutics to treat chronic pain. *Pain Med.* 2013 Oct;14(10):1477-1496.

PubMed: PM23802747

Randomized Controlled Trials

Pulsed Radiofrequency Ablation

- Lee DG, Ahn SH, Lee J. Comparative Effectivenesses of Pulsed Radiofrequency and Transforaminal Steroid Injection for Radicular Pain due to Disc Herniation: a Prospective Randomized Trial. *J Korean Med Sci.* 2016 Aug;31(8):1324-1330. PubMed: PM27478346
- Koh W, Choi SS, Karm MH, et al. Treatment of chronic lumbosacral radicular pain using adjuvant pulsed radiofrequency: a randomized controlled study. *Pain Med.* 2015 Mar;16(3):432-441.

PubMed: PM25530347

Cooled Radiofrequency Ablation

 Patel N. Twelve-Month Follow-Up of a Randomized Trial Assessing Cooled Radiofrequency Denervation as a Treatment for Sacroiliac Region Pain. *Pain Pract*. 2016 Feb;16(2):154-167.

PubMed: PM25565322

 Kapural L, Vrooman B, Sarwar S, et al. A randomized, placebo-controlled trial of transdiscal radiofrequency, biacuplasty for treatment of discogenic lower back pain. *Pain Med.* 2013 Mar;14(3):362-373.

PubMed: PM23279658

33. Patel N, Gross A, Brown L, Gekht G. A randomized, placebo-controlled study to assess the efficacy of lateral branch neurotomy for chronic sacroiliac joint pain. *Pain Med.* 2012 Mar;13(3):383-398.

PubMed: PM22299761



Alternative Comparator

 Moon JY, Lee PB, Kim YC, Choi SP, Sim WS. An alternative distal approach for the lumbar medial branch radiofrequency denervation: a prospective randomized comparative study. *Anesth Analg.* 2013 May;116(5):1133-1140.
 PubMed: PM23558841

Unclear Comparator

 Khalil JG, Smuck M, Koreckij T, et al. A prospective, randomized, multicenter study of intraosseous basivertebral nerve ablation for the treatment of chronic low back pain. Spine J. 2019 Oct;19(10):1620-1632.

PubMed: PM31229663

Mixed Intervention

- Faqeeh A, Yen D. Open facet joint denervation as an adjunct in patients undergoing posterior lumbar decompression for spinal stenosis-a single blinded randomized controlled trial. *J Spine Surg.* 2019 Jun;5(2):259-265.
 PubMed: PM31380480
- 37. Moussa WM, Khedr W. Percutaneous radiofrequency facet capsule denervation as an alternative target in lumbar facet syndrome. *Clin Neurol Neurosurg*. 2016 Nov;150:96-104.

PubMed: PM27618781

Non-Randomized Studies

- Måwe L, Thorén LM, Kvarstein G. Responses after spinal interventions in a clinical pain practice - a pragmatic observational study. *Scand J Pain*. 2020 Jan 24. <u>PubMed: PM31977310</u>
- Yasar D, Korgun O, Emine D. Radiofrequency and Methylprednisolone in Treatment of Lower Back Pain Caused by Facet Joint Syndrome: Comparison of the Outcomes. *Asian J Neurosurg*. 2018 Apr-Jun;13(2):283-287.
 PubMed: PM29682022
- Cheng J, Chen SL, Zimmerman N, Dalton JE, LaSalle G, Rosenquist R. A New Radiofrequency Ablation Procedure to Treat Sacroiliac Joint Pain. *Pain Physician*. 2016 Nov-Dec;19(8):603-615.
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PubMed: PM28105414

 Hegarty D. Clinical Outcome Following Radiofrequency Denervation for Refractory Sacroiliac Joint Dysfunction Using the Simplicity III Probe: A 12-Month Retrospective Evaluation. *Pain Physician*. 2016 Jan;19(1):E129-135.
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43. Leon JF, Ortiz JG, Fonseca EO, Martinez CR, Cuellar GO. Radiofrequency Neurolysis for Lumbar Pain Using a Variation of the Original Technique. *Pain Physician*. 2016 Mar;19(3):155-161.

PubMed: PM27008289

44. Pereira P, Severo M, Monteiro P, et al. Results of Lumbar Endoscopic Adhesiolysis Using a Radiofrequency Catheter in Patients with Postoperative Fibrosis and Persistent or Recurrent Symptoms After Discectomy. *Pain Pract.* 2016 Jan;16(1):67-79

PubMed: PM25470113

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 PubMed: PM26083881
- Jeong SY, Kim JS, Choi WS, Hur JW, Ryu KS. The effectiveness of endoscopic radiofrequency denervation of medial branch for treatment of chronic low back pain. J Korean Neurosurg Soc. 2014 Oct;56(4):338-343.
 PubMed: PM25371785
- 48. Kanchiku T, Imajo Y, Suzuki H, Yoshida Y, Nishida N, Taguchi T. Percutaneous radiofrequency facet joint denervation with monitoring of compound muscle action potential of the multifidus muscle group for treating chronic low back pain: a preliminary report. J Spinal Disord Tech. 2014 Oct;27(7):E262-267. PubMed: PM25137144
- Nedelka T, Nedelka J, Schlenker J, Hankins C, Mazanec R. Mechano-transduction effect of shockwaves in the treatment of lumbar facet joint pain: comparative effectiveness evaluation of shockwave therapy, steroid injections and radiofrequency medial branch neurotomy. *Neuro Endocrinol Lett.* 2014;35(5):393-397.
 <u>PubMed: PM25275264</u>
- Stolzenberg D, Gordin V, Vorobeychik Y. Incidence of neuropathic pain after cooled radiofrequency ablation of sacral lateral branch nerves. *Pain Med.* 2014 Nov;15(11):1857-1860.
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 PubMed: PM23241083
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PubMed: PM23279154



 Shabat S, Leitner Y, Bartal G, Folman Y. Radiofrequency treatment has a beneficial role in reducing low back pain due to facet syndrome in octogenarians or older. *Clin Interv Aging*. 2013;8:737-740.

PubMed: PM23818771

 Civelek E, Cansever T, Kabatas S, et al. Comparison of effectiveness of facet joint injection and radiofrequency denervation in chronic low back pain. *Turk Neurosurg*. 2012;22(2):200-206.

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Cooled Radiofrequency Ablation

 Kapural L, Vrooman B, Sarwar S, et al. Radiofrequency intradiscal biacuplasty for treatment of discogenic lower back pain: a 12-month follow-up. *Pain Med.* 2015 Mar;16(3):425-431.

PubMed: PM25339501

58. Cheng J, Pope JE, Dalton JE, Cheng O, Bensitel A. Comparative outcomes of cooled versus traditional radiofrequency ablation of the lateral branches for sacroiliac joint pain. *Clin J Pain*. 2013 Feb;29(2):132-137.

PubMed: PM22688606

Pulsed Radiofrequency Ablation

 Colini-Baldeschi G. Evaluation of pulsed radiofrequency denervation in the treatment of chronic facetjoint pain: an observational study. *Anesth Pain Med.* 2012 Winter;1(3):168-173.

PubMed: PM24904787

Review Articles

 Yang AJ, McCormick ZL, Zheng PZ, Schneider BJ. Radiofrequency Ablation for Posterior Sacroiliac Joint Complex Pain: A Narrative Review. PM R. 2019 Aug;11 Suppl 1:S105-s113.

PubMed: PM31169356

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